

## HAPPY APRIL BIRTHDAY TO THE FOLLOWING MEMBERS!

- |                      |                        |                         |                      |
|----------------------|------------------------|-------------------------|----------------------|
| 1. Dorothy Miltner   | 8. Norman Jopp         | 17. Bradley Bremer      | 24. Mary Miller      |
| 2. Lillian Kuciewski | 9. Sally Gillie        | 18. Carmen Mariani      | George Pierce        |
| Drexel Bloom         | Samuel Stanton         | William Strassburg      | 25. Shirley Meyer    |
| 3. Norma Folmsbee    | Sharon Muldoon         | Warren White            | 26. Francis Kempf    |
| Bill Sheldon         | Albert Penrod          | Jean Gojmerac           | Jean Penberthy       |
| Charles Markovich    | 10. Marilyn Kusmierski | Lyn Brook               | Tom Sweeney          |
| 4. Nancy Korb        | Tomesta Fritz          | 19. Marie Chatelle      | Ruth Jones           |
| Al Esposito          | 11. Jim Syracuse       | 20. Thomas Phelan       | Donna Clark          |
| Thomas May           | 12. Helen Ortel        | Cheryl Doran            | 27. Arlene Cooper    |
| Norm Markiewicz      | Marjorie Dexheimer     | Ann Herman              | Ronald Sloan         |
| 5. Dorothy Campbell  | Christina Sloan        | Helen Szucs             | Nancy Rolando        |
| Dorothy Macielag     | Diane Schlottmann      | Betty Cech              | Marjorie Rizzo       |
| Mary Joyce           | 14. Phyllis Cedrone    | Brenda Valence          | Charles Search       |
| Virginia DeFrancesco | Betty Miller           | 21. E. Christine Beller | 29. Albert Reinhardt |
| 6. Dorothy Cereno    | 15. Betty Thomas       | Edward Mylnarski        | 30. Joseph Ackerman  |
| Judy Morris          | John Hall              | Marcella Grzedzicki     | Margaret Drosendahl  |
| Roland Wilson        | Geraldine Wantuck      | 23. Linda Foels         | Edward Rosinski      |
| Lloyd Summers        | R. Paul Ouchie         | Carol Schmitz           | Marilyn Baldwin      |
| 7. Barbara Herman    | 16. Sandra Hermann     | John Yanik              |                      |
| 8. Marcia Mikos      | Thomas Bukoskey        |                         |                      |
| June Scherrer        | Kay Larsen             |                         |                      |
| Mary May             | Betty Fisher           |                         |                      |
| Regina Ensminger     | Betty Richeau          |                         |                      |
|                      | James Witmer           |                         |                      |



CITY OF TONAWANDA  
SENIOR CITIZEN CENTER  
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

STD  
U.S. Postage  
PAID  
Tonawanda, NY  
Permit No. 207

Time Value  
April 2017

### Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

### Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

### Coming Events at the Center

Tickets for delLago Casino- April 3rd  
Attorney- Monday, April 10th  
Center Closed- Friday, April 14th  
Dinner Meeting- Monday, April 24th  
Safe Driving course-Tuesday, April 25th and Wednesday, April 26th  
Council on the Corner- Saturday, April 29th  
delLago Casino- May 16th  
Safe Driving course- July 26th & July 27th  
Safe Driving course- October 18th & October 19th

### Dinner Meeting

The April business and dinner meeting will be on **Monday, April 24th**. Bingo will be at 4:00pm with a Hawaiian pork dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. Tickets are \$7.00 and must be purchased by **Friday, April 21st**. All members are welcome to attend the meeting and program.

## Services at the Center

### **Attorney**

Attorney Potter will be at the center on **Monday, April 10th at 10:00am.**

### **Blood Pressure Screening**

Fire Department personnel provide this free service on **Thursday, April 6th from 11:00am to 11:30am.**

### **Univera**

Will have a representative at the Center on **Tuesday, April 25th at 1:00pm.**

### **Fidelis Medicare**

Will have a representative at the Center on **Tuesday, April 11th at 1:00pm.**

### **Blue Cross & Blue Shield**

Will have a representative at the center on **Tuesday, April 4th 1:-3:00pm.**

### **EPIC**

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at [www.health.ny.gov](http://www.health.ny.gov). An EPIC representative will be available to help seniors enroll at the center.

### **Health Insurance Counseling and Advocacy Program (HICAP)**

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, April 4th, 11th, and 25th from 1:00pm-2:00pm.**

### **Brush Up Class with The Net Cracker**

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

## Instructional Classes & Recreation

### **Yoga and Tiachi**

Anyone interested in one or both of these programs please call the Center. There will be a fee for these programs.

### **Mahjong (Mah-Jong)**

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

### **Combined Chorus**

Meets every Tuesday morning at **11am**. Anyone interested may join at anytime.

### **Women's Pinochle**

On Tuesdays at **1pm** all women are welcome!

### **Bridge**

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

### **Canasta**

To play, please call the Center or join in on any Wednesday at **1pm**.

### **Ball Room Dancing**

Come join us on Fridays at **1pm**. The fee is only \$2.00 per person per class.

### **Line Dance Class**

Line Dance Class is on Monday with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

### **Billiards**

Monday afternoons at **1pm** 8 Ball Billiards. Men's Billiards Wednesdays at **1pm**. Thursdays, at **1pm** 9 Ball Billiards. Members and friends are always welcome to join anytime.

### **Euchre**

Euchre will now be on Tuesday mornings at **9:30am-11:30am**. Feel free to join us on any Tuesday.

### **Scrap Booking**

Will meet on **Wednesday, April 12th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

### **Wii Bowling League & Wii Programs**

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

### **Craft Class**

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

### **Ceramic Class**

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

### **Regular Programs**

**Combined Chorus** - Tuesdays at 11am  
**9 Ball Singles Billiards** - Thursdays at 1pm  
**Ladies Billiards** - Fridays at 1pm  
**Men's Billiards** - Wednesdays at 1pm  
**8 Ball Singles Billiards** - Mondays at 1pm  
**Progressive Pinochle** - Monday, Wednesday, and Friday, at 1pm  
**Progressive Euchre** - Tuesdays at 9:30am

## Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

## Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

## Tax Preparation

We are very fortunate that our volunteers are returning this year and we will be able to schedule appointments. They will be here **Wednesday April 5th and 12th and Thursday April 6th and 13th 9:00-11:00am.**

You must bring picture ID and your social security card with you. If your spouse will not be with you, you must have a note giving permission for you to file the taxes with the signature.

Please have the following:

- Copy of last year's income tax return(s)
- W-2 forms from each employer
- Unemployment compensation statements
- SSA-1099 form if you were paid SS benefits
- All 1099 forms (1099-INT, 1099-DIV, 1099-B ect) showing interest and /or dividends and documentation showing original purchase price of sold assets
- 1099-misc. showing any miscellaneous income
- 1099-R form if you received a pension or annuity
- All forms indicating federal income tax paid
- Dependent care provider information (name, employer, ID, SS number)
- All receipts or canceled checks if itemizing deductions
- Social Security cards or other official documentation for yourself and all dependants

## Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

## Member Updates

The Officers for the 2017-2018 year are:

**President - Cheryl Doran**  
**Vice President—Jean Hammond**  
**Secretary—Myrna Waite**  
**Treasurer—Carol Dammann**

We congratulate these new officers and thank you to the out going board members for their contributions to the center.

## Board Members:

**Joe Toth**  
**Sue Toth**

## Sunshine Secretary

Joanne Catipovic will serve for the 2016-2017 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.



**Our Sincere Sympathy to the Family and Friends of:**

**Elaine Grobe**  
**Terrence Watter**  
**Bernice Everett**  
**Maria Niziolek**

## Message from the IRS

The IRS doesn't initiate contact with taxpayers by email to request personal or financial information. This includes any type of electronic communication, such as text messages and social media channels. Neither does the IRS call with threats of lawsuits or arrests.

## **Community Events**

### **Community Input**

All residents are invited to a meeting at the Tonawanda High School on Wednesday, April 19th 6:30pm-8:30pm. The city has been working on updating their comprehensive plan with outside consultants in order to prioritize policies and investments in the future. Our neighborhoods are a vital component, so we need your input. We will be holding a neighborhood workshop to discuss how we can make our neighborhoods and city an even better place to live, work, and play. Talk to your neighbors and try to attend.

### **Council President Jenna Koch**

I have contacted the Weekly Bee to have their paper delivered to the center on Wednesdays. I will try to have information regarding city business included in it as much as possible.

I have scheduled a Council on the Corner meeting at the center on **Saturday, April 29th 9:00am-10:30am.**

Your questions and comments are always welcome and you may reach me at 692-3070.

Council President Jenna Koch

### **Some things about the Tonawanda Fire Department you may not know—Part 3**

#### **Assessing Hazardous Conditions in the Home**

Two prevalent hazards that can be present in a home are **carbon monoxide** gas and **natural gas**. Carbon monoxide (CO for short) is a poisonous gas that is created anytime combustion takes place. In the home this occurs in a gas or oil-fueled furnace/heater or a gas-fueled hot water heater, clothes dryer or stove. When operating normally, these appliances pose no danger but should a malfunction occur, CO gas can build up throughout the home. The best protection against CO is having a CO alarm installed in your home. If a CO alarm activates you should leave the residence and call 911 to request the fire department to respond. Our firefighters are trained to investigate possible causes and sources of CO gas and are equipped with sensitive gas detectors that can measure the amount of CO gas (if any) in the home.

Natural gas which is used to power many appliances throughout the home is a flammable gas. If not properly contained, natural gas can ignite rapidly. Natural gas leaking from a bad connection or broken gas line can build up in a home and if ignited, can cause an explosion powerful enough to level a building and ignite a serious fire. Unlike with CO and smoke, there are no alarms available to homeowners to detect this type of hazard. In place of alarms, a noxious odorant called methyl mercaptan is added to gas to make it instantly recognizable through your sense of smell. If you have ever smelled natural gas you will note that it has a pungent rotten eggs or sulfur-like smell to it. Should you detect this odor in your home you need leave at once and call the fire department (911) to respond. Again, our firefighters are trained to investigate and to mitigate this type of hazard and are equipped with instruments designed to detect and measure the amount of gas that may have collected.

#### **Youth Involvement**

The department participates in what is known as the J-FIRE program. This program is designed to stop juveniles from becoming involved in fire play or setting fires. Juvenile fire setting has caused destructive and tragic fires resulting in loss of life and serious injuries. Often, the child starting the fires becomes a victim. Firefighters assigned to carry out J-FIRE duties receive special training to help juvenile fire setters. When we encounter a young person involved in setting fires, our members will initiate counseling sessions designed to help educate young persons and their parents on the dangers of fire setting. The J-FIRE program, which originated in the 1980s in Rochester, has been very successful in controlling this problem.

#### **Explorer Post**

The department runs an Explorer Post for children between the ages of 15 and 18. Explorer programs are sponsored by the Boy Scouts of America and are aimed at exposing youth to various professions or vocations. Our department's Explorer program which is run by several volunteer and career firefighters, who volunteer their time, provide instruction to a group of about 20 youths from both Tonawanda and North Tonawanda. Members of this group are taught all aspects of firefighting and rescue work and hold regular training drills and meetings. Many of the Explorers go on to become volunteer and career firefighters.



692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
3) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney  9:30 delLago tickets on sale	4) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 HICAP 1:00 Blue Cross Blue Shield	5) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  9:00-11:00 Taxes	6) 10:00 Crafts 11:00 Bridge 1:00 9 Ball  9:00-11:00 Taxes 11:00 Blood Pressure Screening	7) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
10) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney  10:00 Attorney	11) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 HICAP 1:00 Fidelis	12) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  9:00-11:00 Taxes	13) 10:00 Crafts 11:00 Bridge 1:00 9 Ball  9:00-11:00 Taxes	14) <b>Closed for Easter</b>
17) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	18) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	19) 9:30 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  11:00 United Way 1:30 Pharmacist	20) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	21) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
24) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting 6:30-Program	25) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  9:00-12:00 Safe Driving Course 1:00 Univera 1:00 HICAP	26) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  9:00-12:00 Safe Driving Course	27) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	28) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing



Wishing all our members and their families a Happy Easter

## Special Needs Registry

Do you or a family member or friend have special needs the Fire Dept, Police Dept or Emergency Management need to know about? Please take the time to fill out a special needs registry form and send it to the Mayor's Office or Fire Dept. Having details about your special situation will help us help you. Need a form? For a copy contact the Senior Center, or visit [www.tonawandacityfd.com](http://www.tonawandacityfd.com), click Departments, then click Fire Department and scroll to the bottom of the page for the form. You can also call the Tonawanda Fire Department Emergency Management Office at 692-8400 ext. 208 or Linda Foels at 692-0033.

## delLago Casino

The center has a trip to this casino on **Tuesday, May 16th**. Departing the center at 8:00am and returning at 4:00. This is a non smoking casino with a separate smoking area. The cost is \$20.00. You will receive \$20.00 free slot play and \$2.00 discount on the buffet with players card. Reservations require current valid government issued photo ID. Guest must register for a delLago rewards card to receive incentive. Tickets go on sale on **Monday, April 3rd**. This is open to members and guests. Any questions call the center 692-7029.

## H.E.A.P. Free Inspection

Free carbon monoxide detectors and programmable thermostats will be installed in eligible households that do not already have them. To be eligible households must have received a regular HEAP benefit last winter. Applications can be made at the HEAP office 291 Pearl Street, 8:00am to 4:00pm weekdays. Applications also can be requested by calling 858-1969. Other information about the program is available on the HEAP hotline 858-7644.

## United Way

JoAnn Mierzwa of the United Way will be at the center, **Wednesday, April 19th at 11:00am** to help anyone with applications for food stamps and HEAP.

## Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, April 19th 1:00pm—1:30pm**. Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

## Bocce Meeting

On **Monday, May 8th at 10:00am** there will be practice for the players at Clinton Park. The season starts on **Monday, May 15th**. New players are always welcome and may contact Jim Conners at 694-4038.

## A.A.R.P. Safe Driving Course

This class offered by A.A.R.P. will help you to learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next 3 years on your liability insurance. The classes will be offered at the center on: Tuesday, April 25th and Wednesday, April 26th; Wednesday, July 26th and Thursday, 27th; Wednesday, October 18th and Thursday, October 19th. The classes are held from 9:00am-noon each day. You must attend both days in order to receive credit. The fee is \$20.00 for A.A.R.P. members and \$25.00 for non members. The fee must be paid by check or money order made payable to A.A.R.P. Cash will not be accepted. To register for the course, call the center at 692-7029.

## Park Permits

Shelter permits are now available for Veterans and Eastern Park. Visit the parks and recreation department **Monday thru Friday 7am-3pm closed 12pm-1pm** for lunch to purchase your permit. Rates for Eastern Park and large shelters are resident \$75.00 non resident \$150.00. Small shelter rates are resident \$50.00 non resident \$75.00. Call 505-1172 to check for availability.

**The center will be closed Good Friday for the Easter Holiday.**