

## HAPPY AUGUST BIRTHDAY TO THE FOLLOWING MEMBERS!

- |                                                                      |                                                                                      |                                                                                                                                                               |                                                                                                                                                                    |
|----------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Wayne Fordyce<br>Maureen Cianco<br>Madelyn Laures<br>Gerry Penman | 8. Norm Flannery<br><br>9. Richard Stadler<br><br>11. Margaret Hamm<br>John Gojmerac | 17. Dorothy Fronczak<br>Paul Schmidt<br>Dick Calhoun<br>18. Patricia Tomczak<br>Vincent Crecca<br><br>Mary Walters<br>19. James Rippey<br><br>Cindy Reinhardt | 25. Viola Koch<br>26. Dorothy Miller<br>27. Diane Penberthy<br>28. Cynthia Mask<br>Yolande Engelert<br>Darla Beck<br>29. Rita Cameron<br>Norma Berndt<br>Paul Haak |
| 2. Virginia Wisniewski                                               | 12. Janet Tharrett<br>Walt Opalinski<br>Irene Smith<br>Kathleen Cowell               | 20. Barbara Cristiano<br>Susanne Bordonaro<br>Beverly Finley<br>Katherine Howard                                                                              | Rita Newman<br>Ethel Oswald<br>30. Jane Bainbridge                                                                                                                 |
| 3. Lillian Manning<br>Michele K. Houser<br>Clifford Strehlow         | 4. Rose Marie Pollock<br>Cathy Markiewicz<br>Helen Wilkins                           | 13. Diana Fusco<br>Roy Doel<br>Noreen Miller<br>Betty McGee                                                                                                   | 31. Richard Vigrass<br>Jim Schmidt                                                                                                                                 |
| 5. Barbara Kancar<br>Janet Durkin<br>Joann Danvir<br>Helen Regalla   | 14. Catherine M. Tony<br>Marylou Dunlap<br>Joseph Toth                               | 22. Boyd Ginter<br>23. Audrey Gardner<br>24. Jean Schulat<br>Ronald Delp<br>William Harmon                                                                    | Dorothy Poole<br>Harris Andrews<br>Myrna Waite                                                                                                                     |
| 6. Robert Ralston<br>Grayce Spagnuolo                                | 15. Ruth Gebra<br><br>Mary Ann Lisinski<br>Virginia Sebastiano                       |                                                                                                                                                               |                                                                                                                                                                    |
| 7. Elizabeth Vandrel<br>Maryann Gonka<br>Sylvia Stiles               | 16. Cheri N. Koepsell<br>Donna Fischer                                               |                                                                                                                                                               |                                                                                                                                                                    |



CITY OF TONAWANDA  
SENIOR CITIZEN CENTER  
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

STD  
U.S. Postage  
PAID  
Tonawanda, NY  
Permit No. 207

Time Value  
Aug 2017

### Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

### Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

### Coming Events at the Center

Bocce Picnic· August 15th  
Ice Cream Social. August 16th  
Clothing and Jewelry sale· August 23rd  
Fall Bazaar. October 7th  
Safe Driving course· October 18th & October 19th

### Coming Events at Gateway Harbor

Gateway Food Trucks· Aug 3rd, 10th, 17th, 24th, 31st  
Aug 30th Pizza Fest 5:00-10:00pm  
Wednesday Canal Concerts 6:00-10:00pm  
Aug 2nd . Impact/Strictly Hip  
Aug 9th· Flip Side/Joyride  
Aug 16th· The Release/Coda  
Aug 23rd· Widow Maker/Hit N Run

### Dinner Meeting

The August dinner meeting will be on **Monday, August 28th**. Bingo will be at 4:00pm with a beef stew dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. Tickets are \$7.00 and must be purchased by **Friday, August 25th**. Only members who purchase dinner tickets are eligible to play Bingo. All members are welcome to attend the meeting and program.

## Services at the Center

### **Attorney**

Attorney Potter will be at the center on **Monday, August 14th at 10:00am.**

### **Blood Pressure Screening**

Fire Department personnel provide this free service on **Thursday, August 3rd from 11:00am to 11:30am.**

### **Univera**

Will have a representative at the Center on **Tuesday, August 29th at 1:00pm.**

### **Fidelis Medicare**

Will have a representative at the Center on **Tuesday, August 22nd at 1:00pm.**

### **Blue Cross & Blue Shield**

Will have a representative at the Center on **Tuesday, August 15th 1:00-3:00pm.**

### **EPIC**

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at [www.health.ny.gov](http://www.health.ny.gov). An EPIC representative will be available to help seniors enroll at the center. A representative will not be at the center this month.

### **Health Insurance Counseling and Advocacy Program (HICAP)**

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, August 15th, 22nd, and 29th from 1:00pm-2:00pm.**

### **Brush Up Class with The Net Cracker**

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

## Instructional Classes & Recreation

### Tiachi

Anyone interested in one or both of these programs please call the center. There will be a fee for these programs.

### Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

### Women's Pinochle

On Tuesdays at **1pm** all women are welcome!

### Bridge

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

### Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

### Ball Room Dancing

This class will be on summer hiatus and return Friday, September 8th.

### Line Dance Class

Line Dance Class is on Monday with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

### Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

### Scrap Booking

Will meet on **Wednesday, August 9th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

## Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

### Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

### Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

### Billiards

The billiards room is open to all members from 9:30am to noon each day. Tournaments are played in the afternoon and will return in September. New players are always welcome.

### Regular Programs

**Combined Chorus** - Tuesdays at 11am  
**9 Ball Singles Billiards** - Thursdays at 1pm  
**Ladies Billiards** - Fridays at 1pm  
**Men's Billiards** - Wednesdays at 1pm  
**8 Ball Singles Billiards** - Mondays at 1pm  
**Progressive Pinochle** - Monday, Wednesday, and Friday, at 1pm  
**Progressive Euchre** - Tuesdays at 9:30am

### Ice Cream Social

**Wednesday, August 16th 5:00pm to 8:00pm** is the date and time for our annual event. Bring your family, neighbors and friends. This is open to the public. Volunteers are needed that evening. If you would like to volunteer call the center.

### Clothing and Jewelry sale

This annual fundraiser is **Wednesday, August 23rd, 10am to 2pm**. Donations of jewelry and clothing can be dropped off anytime. Volunteers are needed to set up and work. If you would like to volunteer please call the center 692-7029.

## **Member Updates**

The Officers for the 2017-2018 year are:

**President - Cheryl Doran**  
**Vice President—Jean Hammond**  
**Secretary—Myrna Waite**  
**Treasurer—Carol Dammann**

### **Board Members:**

**Joe Toth**  
**Sue Toth**  
**Cindy Kerr**  
**Arlene Cooper**

### **Sunshine Secretary**

Joanne Catipovic will serve for the 2017-2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

### **Our Sincere Sympathy to the Family and Friends of:**



James Collins  
Sandra Herrmann

### **Bocce**

The annual Bocce picnic will be at the Center on Tuesday, August 15th, noon to 3:00pm. Please let your captain know if you will be attending.

### **Heating Energy Assistants Program**

Those who received HEAP last year should be getting the forms for the 2017-2018 year in August or early September. When you receive the forms fill out and file immediately. If you have a problem filling the forms call the office.

## **Community Events**

### **Food Pantry Donations**

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

### **City of Tonawanda Emergency Information**

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

### **Blood Pressure Screening**

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

### **Special Needs Registry**

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

### **Park Permits**

**Permits are now available on line. Visit [www.tonawandacity.com](http://www.tonawandacity.com).**

Shelter permits are now available for Veterans and Eastern Park. Visit the parks department Monday thru Friday 7am-3pm closed 12pm-1pm to purchase your permit. Rates for Veterans Park (large shelters) and Eastern Park- resident \$75.00; non resident \$150.00. Small shelter rates are- resident \$50.00; non resident \$75.00.

### **Downtown Day**

The City of Tonawanda, with Tonawanda Main Street, is hosting Downtown Day! The event will feature the Grand Opening of the Intermodal Hub! This is a family event with distinguished guest speakers, recreation activities, children's games, a face painter and free prizes to win! Local merchants will be offering discounts and promotions in-store, there will be music on Main Street thanks to Vape E's, Troop 600 will be selling hot dogs and Gateway will be handing out popcorn. Activities will be located along Main Street, Young Street and at the Intermodal Hub.

Any questions, please contact the Mayor's office!

Prizes to Win include:

- A child's bicycle
  - Bike lock
  - Keychains
  - Two tickets for the upcoming ferry to and from Grand Island that begins on 8/6/17
- Local Merchants Offering Discounts, Promotions & Sales In-Store Include:

- Attic to Basement Repeats
- Cats Like Us
- Stamps...the Bar
- The Mulberry Tree
- Vape E's

Then at 5 pm there will be Goombas' Rumble on the Canal! A 16-bout boxing show on Young Street. Tickets available by contacting Goombas Boxing Club at (716)507-7542 or at 60 Main Street, Tonawanda, NY.

# August 2017

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
	1)  9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	2)  10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards	3)  10:00 Crafts 11:00 Bridge 1:00 9 Ball  11:00 Blood Pressure Screening	4)  10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
7)  11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	8)  9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	9)  10:00 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards	10)  10:00 Crafts 11:00 Bridge 1:00 9 Ball	11)  10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
14)  11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney  10:00 Attorney	15)  9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00-3:00 Blue Cross Blue Shield	16)  10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  11:00 United Way 2:00 Pharmacist 5-8 Ice Cream Social	17)  10:00 Crafts 11:00 Bridge 1:00 9 Ball	18)  10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
21)  11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	22)  9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Fidelis	23)  10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards  10-2 Clothing Jewelry sale	24)  10:00 Crafts 11:00 Bridge 1:00 9 Ball	25)  10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
28)  11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Picnic 6:00-Meeting	29)  9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Univera 1:00 HICAP	30)  10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Menø Billiards	31)  10:00 Crafts 11:00 Bridge 1:00 9 Ball	1)  10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing

## Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

## United Way

JoAnn Mierzwa of the United Way will be at the center, **Wednesday, August 16th at 11:00am** to help anyone with applications for food stamps and HEAP.

## Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, August 16th 2:00pm—2:30pm**. Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

## A.A.R.P. Safe Driving Course

This class offered by A.A.R.P. will help you to learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next 3 years on your liability insurance. The classes will be offered at the center on: **October 18th and Thursday, October 19th**. The classes are held from 9:00am-noon each day. You must attend both days in order to receive credit. The fee is \$20.00 for A.A.R.P. members and \$25.00 for non members. The fee must be paid by check or money order made payable to A.A.R.P. Cash will not be accepted. To register for the course, call the center at 692-7029.

## Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

## Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

## Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.