

HAPPY JANUARY BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | | |
|---|--|---|---|
| <p>1. Nancy Kelley
Helene Pollina</p> | <p>8. Marion Brady</p> | <p>17. Patience Kay</p> | <p>24. Alice Ennis</p> |
| <p>2. Beatrice Miller
Thomas Kunselman
Sarah Prestifilippo
Stephen Zielski
Gloria Lavin
Ann Ziecski</p> | <p>Bert Hardleben
Eileen Corcoran
Patricia Molnar</p> | <p>18. Valerie Elinski
James Tatu Sr.</p> | <p>Marilyn Weyers
Myra Rippey</p> |
| <p>3. Julia Burdo
Jaime Joaquin
Ron Moore
Dorothy Karkau
Helene Fraboni</p> | <p>10. Jean O. McNeill
11. William Shepard
Joan McInnis
Douglas Fox</p> | <p>19. Elizabeth Maess
Jean Bontempi
20. Frank Schultz
Phyllis Gwizdowski
Janet Nichols
Barbara Oddo</p> | <p>25. Eva Krantz
Elizabeth Drake
26. Barbara Hueitt
27. James Connors
Guy Clemens
Lois Bacon</p> |
| <p>4. Jacob McGee</p> | <p>12. Marilyn Collignon
Doris Chalmers</p> | <p>21. Maxwell Fronczak
Joseph B. Winter</p> | <p>Maryann Hogenkamp
28. Edith Link</p> |
| <p>6. Violet Lyons
Paul Hedge
Darlene Seiflien</p> | <p>14. Anna Gentzke
Evelyn Englehardt
15. Frieda Dolinsky
Franz Ruettimann
Beverly McCabe
Ben Cowles</p> | <p>22. Marilyn Gurzynski
Mildred Bambord
Angeline Piazza
Swen Hammar
23. Jacqueline Kramer
Kathy McKenzie</p> | <p>29. Franklin Gilbert
Elizabeth Long
Ina Blecher
Christine Middler
Joan Wheeler
Marnita Cooper
30. Dorothy Young
Denise Allison</p> |
| <p>7. Pauline Anderson
Linda Reece
Karen Joyes
Lois Demler
Joseph Shirley</p> | <p>Friedhilde Saxon
16. Kurt Bingham
Betty Lou Krzos
Gordon Tussing
James E. Wells</p> | <p>Ellen Franke
Betty Gaydos
Rita Mortiz
24. Leclie Librock
Joseph Sylvester</p> | <p>31. Marge Scranton
Joyce Territo
Karla Joy Leary
Catherine Nicosia</p> |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

STD
U.S. Postage
PAID
Tonawanda, NY
Permit No. 207

Time Value
Jan 2018

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

Center closed—January 1st, 2nd & 15th
Spaghetti Night- January 25th

Coming Events around the City

Rockin'at the Hub-December 31st 9pm-12:30am

Dinner Meeting

January 29th is this month's dinner and business meeting. Bingo at 4:00pm with dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by Friday, January 26th. Thomas Scime EMS liaison for Kenmore Mercy hospital will give a short presentation and talk on health awareness.

Services at the Center

Attorney

There is a change in day for Attorney Potter to be at the center. It will now be on the second Tuesday of the month. The December date is **Tuesday, January 9th at 10:00am.**

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, January 4th from 11:00am to 11:30am.**

Univera

Call for an appointment to meet with the representative.

Fidelis Medicare

Will have a representative at the Center on **Tuesday, January 16th at 1:00pm.**

Blue Cross & Blue Shield

Call for an appointment to meet with the representative.

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in

EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. An EPIC representative will be available to help seniors enroll at the center. A representative will not be at the center this month.

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, January 16th from 1:00pm-3:00pm.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Tiachi

Anyone interested in one or both of these programs please call the center. There will be a fee for these programs.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1pm** all women are welcome!

Bridge

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Ball Room Dancing

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

Line Dance Class

Line Dance Class is on Monday's with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

Scrap Booking

Will meet on **Wednesday, January 17th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

Billiards

The billiards room is open to all members from 9:30am to noon each day. Tournaments are played in the afternoon and will return in September. New players are always welcome.

Bocce

Everyone is invited to join the league and are welcome to attend the start of the 2018 season with the April meeting with time and date to be announced in the newsletter. If you have any questions you may call Jim Connors at 694-4038.

Member Updates

The Officers for the 2017-2018 year are:

President - Cheryl Doran
Vice President—Jean Hammond
Secretary—Myrna Waite
Treasurer—Carol Dammann

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Arlene Cooper

Sunshine Secretary

Joanne Catipovic will serve for the 2017-2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the family and friends of:



Edward Gebera
Elizabeth Harte

Senior & Enhanced Star Exemption

A reminder that this exemption must be renewed every year. Any questions you have you can call the assessor office at 695-8639.

AARP Tax Program

Appointments for this program will start on Monday, January 22nd by calling the center 692-7029. You must have an appointment or you will not be taken. We are fortunate to again have the same volunteers. Please have the following: copy of last year's income tax return(s), W-2 forms from each employer, unemployment compensation statements, SSA-1099 form if you were paid SS benefits, all 1099 forms (1099-INT, 1099-DIV, 1099-B) showing interest and or/ dividends and documentation showing original purchase price of sold assets, 1099-misc., 1099-R, all forms indicating federal income tax paid, dependent care provider information (name, employer, ID, SS number), all receipts or canceled checks if itemizing deductions, SS cards or other official documentation for yourself and all dependants.

Home Energy Assistance Program (HEAP)

HEAP is a federally funded program to assist income eligible Erie County residents with the cost of home heating and electricity. The HEAP outreach will be administered by the Erie County department of social services and senior services and is open to all income eligible households. The HEAP program opened November 13th. If you are applying for the first time call 858-1969 for an application or come to the outreach at the center. Bring your gas and electric bills along with all your income information.

HEAP income guide lines 2017-2018

Household size	Gross Monthly Income	
	Tier 1	Tier 2
1	\$1,307	\$1,308-\$2,318
2	\$1,759	\$1,760-\$3,303
3	\$2,212	\$2,213-\$3,744
4	\$2,665	\$2,666-\$4,457
5	\$3,118	\$3,119-\$5,170
6	\$3,571	\$3,572-\$5,883
7	\$4,024	\$4,025-\$6,017
8	\$4,476	\$4,477-\$6,150
9	\$4,929	\$4,930-\$6,284
10	\$5,382	\$5,383-\$6,418

Heating (furnace) Equipment repair or Replacement

This is a program open to HEAP eligible clients. To see if you qualify call Erie County senior services 858-1969.

Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

Rockin' at the Hub



The poster features a vibrant blue background with a starry night sky and colorful fireworks exploding in the center. In the foreground, silhouettes of people in formal attire are shown dancing and celebrating. The text is written in a playful, bubbly font.

Rockin' @ The Hub
December 31, 2017
Starting at 9pm
Young Street @ Main, Tonawanda

Food • Hot Chocolate • Beer • Wine
Activities • Vendors • Live Band 10:30-12:30

COME ON DOWN FOR AN EVENING OF FAMILY FRIENDLY ACTIVITIES

ALL DAY BRING YOUR SKATES

ICE SKATING

January 2018

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
1) Closed Happy New Year	2) Closed Happy New Year	3) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:00-noon United Way	4) 10:00 Crafts 11:00 Bridge 1:00 9 Ball 11:00 Blood Pressure Screening	5) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
8) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	9) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 10:00 Attorney	10) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	11) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	12) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
15) Closed Martin Luther King Jr. Day	16) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 1:00-3:00 HICAP	17) 10:00 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:00-noon United Way 1:00 Pharmacist	18) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	19) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
22) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	23) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Fedelis 1:00-3:00 HICAP	24) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	25) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	26) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
29) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	30) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	31) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards		

Wishing all our members and their families a healthy and Happy New Year

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

Representative Joanne Mierzwa will be at the center on Wednesday, January 3rd and January 17th at 10:00am to noon. With the Tonawanda office closed and the office in Lockport we offer this service to the City of Tonawanda residents.

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, January 17th 1:00pm—1:30pm**. Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Thank you's

Tree Lighting - Clinton Park

We thank the volunteers who donated cookies and were at the park. Due to the exceptional good weather the turn out was best ever.

Children Visit with Santa

This year we entertained 30 three and four year olds. They visited with Santa and Mrs. Claus each receiving a gift and enjoyed the train display engineered by Fire Chief Stuart and Dick Roche. Thank you to all the members who baked and volunteered for all the activities.

Holiday Bazaar

We again had a very successful Bazaar thanks to all the members who volunteered, baked and all the donations they made. Special thank you again to Andy Montante of Walgreens for the candy canes and coloring books for Santa to give to the children.

Raffle winners: Gray Goose basket- Barbara Huiett; \$25.00 Tops gift card - David Laures

Spaghetti night

Spaghetti night presented by: Vietnam Veterans with proceeds to benefit the Peter Tycz memorial scholarship fund. Thursday, January 25th, 5:00pm-8:00pm. Tickets are \$7.00 for adults and \$5.00 for children under 12 years old at the center 33 Main Street.