

HAPPY JANUARY BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | |
|---|--|--|
| 1. Nancy Kelley
Helene Pollina | 12. Marilyn Collignon
Doris Chalmers | 23. Ellen Franke
Betty Gaydos
Kathy McKenzie
Rita Mortiz |
| 2. Thomas Kunselman
Beatrice Miller
Sarah Prestifilippo
Ann Zielski
Stephen Zielski | 14. Evelyn Englehardt
Anna Gentzke | 24. Alice Ennis
Leslie Librock
Myra Rippey
Joseph Sylvester
Marilyn Weyers |
| 3. Julia Burdo
Helene Fraboni
Jaime Joaquin
Dorothy Karkau
Ron Moore | 15. Ben Cowles
Frieda Dolinsky
Franz Ruettimann
Friedhilde Saxon | 25. Elizabeth Drake
Eva Krantz |
| 4. Jacob McGee | 16. Kurt Bingham
Betty Lou Krzos
Gordon Tussing
James E. Wells | 26. Barbara Hueitt |
| 6. Hermine Allmon
Paul Hedge
Violet Lyons
Darlene Seiflien | 17. Patience Kay | 27. Lois Bacon
Guy Clemens
James Connors
Maryann Hogenkamp |
| 7. Pauline Anderson
Lois Demler
Karen Joyes
Linda Reece
Joseph Shirley | 18. Valerie Elinski
James Tatu Sr. | 28. Edith Link |
| 8. Marion Brady
Eileen Corcoran
Bert Hardleben
Patricia Molnar | 19. Jean Bontempi
Elizabeth Maess | 29. Ina Blecher
Marnita Cooper
Franklin Gilbert
Elizabeth Long
Christine Middler
Joan Wheeler |
| 10. Jean O. McNeill | 20. Phyllis Gwizdowski
Janet Nichols
Barbara Oddo
Frank Scultz | 30. Denise Allison
Dorothy Young |
| 11. Douglas Fox
Joan McInnis
William Shepard | 21. Maxwell Fronczak
Joseph B. Winter | 31. Karla Joy Leary
Catherine Nicosia
Marge Scranton
Joyce Territo |
| | 22. Mildred Bambord
Marilyn Gurzynski
Swen Hammar
Angeline Piazza | |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

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Tonawanda, NY
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Jan 2019

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

Closed December 31 –New Year’s Eve
Closed January 1—New Years Day
Closed January 21—Martin Luther King Day
HEAP Outreach—January 22nd
Spaghetti Dinner—January 24th
Dinner Meeting—January 28th

Coming Events around the City

New Year’s Eve Rockin’ at the Hub—December 31st
Snow Sculpture Contest-thru March 31st

Dinner Meeting

January 28th is this month’s dinner and business meeting. Bingo at 4:00pm with a meatloaf dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by **Friday, January 25th**. Following the meeting an attorney for Elder Law will explain their services. All members are welcome to attend the meeting and program.

Services at the Center

Attorney

Attorney Potter will not be at the center this month.

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, January 3rd from 11:00 am to 11:30am.**

Univera

Will have a representative at the center on **Tuesday, January 15th.**

Fidelis Medicare

Will not have a representative at the center, call for an appointment.

Blue Cross & Blue Shield

Will not have a representative at the center, call for an appointment.

United Health Care

Will not have a representative at the center, call for an appointment.

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By

using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov.

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. A representative will be here **Tuesday, January 15th.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Chair Yoga

This class will be held Friday mornings **9:30am-10:30am**. There is a \$2.00 fee. You may join anytime.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1:00-3:30pm** all women are welcome!

Bridge

Thursday mornings at **11:00-3:00pm**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Euchre

Euchre players voted to change the time to **9:30-noon** on Tuesday mornings.

Ball Room Dancing

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

Line Dance Class

Line Dance Class is on Monday with instructor Mary Morgan at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at **10:00-noon**. Materials will be supplied. Any questions call the center.

Scrap Booking

Will meet on Wednesday, January 16th **10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30-noon**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece.

Billiards

The tournament season will return the week of September 17th. New players are always welcome.

Folk Sing A Long

Anyone interested in this sing a long call the center 692-7029. Feel free to bring along your guitar.

Bocce

This year we welcomed several new players. If you wish to join next year as we start forming teams now call Jim Connors at 694-4038.

Member Updates

The Officers for the 2018 year are:

President - Cheryl Doran
Vice President—Arlene Cooper
Secretary—Myrna Waite
Treasurer—Carol Dammann

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Jean Hammond

Sunshine Secretary

Joanne Catipovic will serve for the 2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the family and friends of:

Allison Scott
Harris Andrews
Suzanne Larue

Spaghetti night

Spaghetti night presented by: Vietnam Veterans with proceeds to benefit the Peter Tycz memorial scholarship fund. Thursday, January 24th, 5:00pm-8:00pm. Tickets are \$7.00 for adults and \$5.00 for children under 12 years old at the center 33 Main Street. Tickets will be available at the center.

Council President Jenna Koch

Reminder that the council meeting for January is **Tuesday, January 8th and 22nd at 7:00pm**. Wishing all the members a very happy, healthy New Year.

You are always welcome to contact me at 692-3070.

Holiday Bazaar

Thank you to all the members who volunteered, baked and for the various donations. Again, you made this bazaar so successful.

Raffle winners are:

Wine Sleigh- Mike Young
Platters Candy- Jenna Koch
Memory box and \$25.00 gift card- Joanne Catipovic

Thank you

Thank you to Senator Chris Jacobs for the coloring books for Santa to give to the children.

Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at **11am**.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

Erie County Board of Elections

Erie County Board of Elections is in need of election inspectors for the election cycle. For more information call the Erie County Board of Elections at 858-4982. Voter registration and absentee ballot applications are available at the center.

Dementia Respite Care Program

This free program is offered the third Tuesday every month 10:30am-2:30pm at First Presbyterian Church located at 149 Broad Street. Contact the church office 692-1319 to obtain a guest registration form and get answers to any questions you might have regarding the Memory Lane Respite Program.

Medications Disposal Kiosk Site

Disposal of syringe/medical waste, unneeded, expired medications and used needles may be dropped off at the Town of Tonawanda Police department. Located at 1835 Sheridan Drive. The lobby is open 24/7.

Senior and Enhanced Star Exemption

This exemption must be renewed every year. Any questions you have you can call the assessor office at 695-8639.

Supplemental Nutrition Assistance Program

This program is also known as SNAP and food stamps. Income guidelines for those 60 years and older or disabled. Household size 1 - gross monthly income \$2,023.00 or 2 - \$2,743.00. For further information contact 858-7239. If you need help filling the forms out come to the center on the 1st and 3rd Wednesdays of the month when the United Way representative is here for assistance.

January 2019

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Closed for New Year's Day	2) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards 10:00 United Way	3) 10:00 Crafts 11:00 Bridge 12:30 9 Ball 11:00 Blood Pressure Screening	4) 9:30 Chair Yoga 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
7) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	8) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	9) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	10) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	11) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
14) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	15) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 2:00 Univera 2:00 HICAP	16) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards 10:00 Scrap Booking 10:00 United Way 12:30 Pharmacist	17) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	18) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
21) Closed for Martin Luther King Day	22) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 9:00-4:00 HEAP	23) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	24) 10:00 Crafts 11:00 Bridge 12:30 9 Ball 5:00 Spaghetti Dinner	25) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
28) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting 6:30-Speaker	29) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	30) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	31) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	

Wishing all our members and their families a very happy, healthy and safe New Year.

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

Representative Joanne Mierzwa will be at the center on Wednesday, January 2nd and 16th **10:00am to noon.**

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on Wednesday, January 16th **12:30pm—1:00pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Home Energy Assistance Program (HEAP)

HEAP outreach will be at the center on Tuesday, January 22nd, **9:00am—4:00pm.** HEAP is a federally funded program to assist income eligible Erie county residents with the cost of home heating and electricity. HEAP outreach is administered by Erie county department of social services and senior services. It is open to all eligible households. HEAP opened November 12th. If you are applying for the first time call 858-1969 for an application or come to the center. Bring your gas and electric bills along with all your income information. Household size 1. gross monthly income \$2,391.00; 2. \$3,127.00 or 3. \$3,863.00. If you are HEAP approved there is also a program for furnace repair or replacement. Contact Erie county senior services at 858-1969 to see if you qualify.

AARP Tax Program

Appointments for this program will start on Monday, January 28th by calling the center 692-7029. You must have an appointment or you will not be taken. We are fortunate to again have the same volunteers. The volunteers will be here on Wednesdays and Thursdays, **9:00am—11:00am.** We recommend you set up an appointment as soon as possible as several locals are not offering this service.

Please have the following: copy of last year's income tax return(s), W-2 forms from each employer, unemployment compensation statements, SSA-1099 form if you were paid SS benefits, all 1099 forms (1099-INT, 1099-DIV, 1099-B) showing interest and or/ dividends and documentation showing original purchase price of sold assets, 1099-misc., 1099-R, all forms indicating federal income tax paid, dependent care provider information (name, employer, ID, SS number), all receipts or canceled checks if itemizing deductions, SS cards or other official documentation for yourself and all dependants. One client per appointment.