

CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

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Time Value
June 2017

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

Firemen's Parade—June 17th
T.H.S. Golden Warrior's Reunion Picnic-July 16th
Safe Driving course—July 26th & July 27th
Safe Driving course—October 18th & October 19th

Coming Events at Gateway Harbor

Taste of Tonawanda's—June 4th Gateway Harbor
Gateway Food Trucks—June 8th, 15th, 22nd, 29th
Wednesday Canal Concerts 6:00pm—June 14th
Boogie Monsters/Nerds Gone Wild
June 21st—All Star Project/Cock Robin
June 28th—Scott Celani Band/Beatle Magic

Dinner Meeting

The May dinner business meeting will be on **Monday, June 26th**. Bingo will be at 4:00pm with a meatloaf dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. Tickets are \$7.00 and must be purchased by **Friday, June 23rd**.

All members are welcome to attend the meeting and program.

Services at the Center

Attorney

Attorney Potter will be at the center on **Monday, June 12h at 10:00am.**

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, June 1st from 11:00am to 11:30am.**

Univera

Will have a representative at the Center on **Tuesday, June 27th at 1:00pm.**

Fidelis Medicare

Will have a representative at the Center on **Tuesday, June 20th at 1:00pm.**

Blue Cross & Blue Shield

Will have a representative at the center on **Tuesday, June 13th 1:-3:00pm.**

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. An EPIC representative will be available to help seniors enroll at the center. A representative will be at the center **Tuesday, June 13th 1-3pm.**

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, June 13th, and 27th from 1:00pm-2:00pm.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Tiachi

There will be a demonstration class at the center on Thursday, June 22nd at 9:00am. Flat foot wear is required. If interested call the center 692-7029.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1pm** all women are welcome!

Bridge

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Ball Room Dancing

This class will be on summer hiatus and return Friday, September 8th.

Line Dance Class

Line Dance Class is on Monday's with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

Scrap Booking

Will meet on **Wednesday, June 14th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

The men's billiards tournament results are:

Monday—Ball in hand 8 ball

1st—Clay Stickles

2nd—Norm Jopp

3rd—Barb Walker

Wednesday—8 ball

1st—Norm Joff

2nd—Clay Stickles

3rd—Curt Long

Thursday—9 ball

1st—George Parisi

2nd—Norm Jopp

3rd—Clay Stickles

The season returns in September. New players are always welcome just stop in at the center.

Regular Programs

Combined Chorus - Tuesdays at 11am

9 Ball Singles Billiards - Thursdays at 1pm

Ladies Billiards - Fridays at 1pm

Men's Billiards - Wednesdays at 1pm

8 Ball Singles Billiards - Mondays at 1pm

Progressive Pinochle - Monday, Wednesday, and Friday, at 1pm

Progressive Euchre - Tuesdays at 9:30am

Member Updates

The Officers for the 2017-2018 year are:

President - Cheryl Doran
Vice President—Jean Hammond
Secretary—Myrna Waite
Treasurer—Carol Dammann

The officers welcome Cindy Kerr and Arlene Cooper as board members, they will serve a one year term, April 1, 2017 to March 31, 2018

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Arlene Cooper

Sunshine Secretary

Joanne Catipovic will serve for the 2017-2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the Family and Friends of:

Mary Galley
Gloria Doel
Mary McGinnis

New Fire Apparatus

After several years in the making, much of which involved convincing the Mayor and the Common Council of the need for a new pumper and designing the apparatus, the fire department received the new truck last month. It took more than a year to construct this fire truck which was built by Spartan Emergency Vehicles at a cost of \$450,000. It will replace a 38 year old pumper that the department has continued to use well beyond its life-expectancy (because of the very efficient and knowledgeable mechanic staff at DPW). Through efforts made by Mayor Rick Davis and Assemblyman, Robin Schimminger, \$400,000 has been secured through a grant program to assist the city in paying for this new truck which has dramatically reduced the cost to the city. The new pumper has improvements over our older pumpers. Among those improvements is a short turning radius that

will make it easier and safer to navigate through narrow and congested streets; a built-in foam tank that will allow firefighters to deploy foam streams much quicker in the event of a gasoline spill or fire; many updated and added safety steps to reduce the chance of a firefighter falling from the truck while loading hose; stainless steel body construction that will withstand the effects of road salt and ward off the corrosion we have experienced with our older apparatus and an emissions control system that sends virtually no pollution into the environment. This new truck will be assigned as "Engine 3" and will be stationed at the Niagara Hose Company fire station on Wheeler Street.

On Saturday, June 17 a dedication and blessing for the new truck will take place at the Niagara Hose Company quarters at 74 Wheeler Street. Fire department and elected officials will be on hand to witness the Chaplain Corps bestow a blessing and welcome the new fire truck into service as it is officially assigned to protect our city for many years to come. The public is invited to witness this event that will start at 11:30 am.

Annual Firemen's Day Parade

On Saturday, June 17 (same day as the blessing described above), both the Tonawanda and North Tonawanda Fire Departments will hold their annual Firemen's Inspection and Parade. This year marks the 137th year that this parade has taken place! As many long-time residents may remember, this parade was a very well attended event in the years past. Although the crowds have dwindled over the years, the enthusiasm for this parade put forth by department members has not diminished at all, especially by our volunteers. Each year as the parade nears, members of each fire company prepare by shining their fire trucks, sprucing up their uniforms and making arrangements for their marching bands. Speaking of bands, if you like marching band and bagpipe music this is the parade for you. Almost every company involved is represented by a band making this parade one of the most "musical" in the area. The parade begins at 2pm on Payne Ave. Units will march southward into Tonawanda from Gundry & Webster, over the Bascule Bridge and onto Main St. So if you enjoy music or have

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Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Council President Jenna Koch

Small electric appliance drop off will be on Saturday, July 15th, 9:00am to 2:00pm at the Tonawanda Senior High School. This is being sponsored by Senator Chris Jacobs. For more information call 854-8705

Your questions and comments are always welcome and you may reach me at 692-3070.
Council President Jenna Koch

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on housewatch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you'll know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), home-care aid assistance (and the aid can't make it in due to weather conditions) or just regular elderly

persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of "Special Needs" we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that's necessary in order to get onto the list.

Tonawanda High School Golden Warrior's Reunion Picnic

All graduates of Tonawanda High School who have celebrated their 50th reunion are invited to a picnic this summer. It will be held at Tonawanda Fireman's Park on Two Mile Creek Road between the end of Fletcher Street and Niagara Street. Rain or shine. Tents are set up. All parking: enter off Two Mile Creek Road at Fletcher St. Picnic date is Sunday, July 16th 1:00pm to 6:00pm.

We will again be having picnic food, roast beef, hamburgers, hotdogs, italian sausage and salads will be available from 1:30pm until 5:00pm. Beer, pop and bottled water will be provided. The cost will remain at \$20.00 for each person. Reservations will be accepted until July 6th. For more information or questions you may call Donna at (716) 691-5895

Park Permits

Shelter permits are now available for Veterans and Eastern Park. Visit the parks and recreation department **Monday thru Friday 7am-3pm closed 12pm-1pm** to purchase your permit. Rates for Veteran's Park (large shelters) and Eastern Park resident \$75.00; non resident \$150.00. Small shelter rates are resident \$50.00; non resident \$75.00. Call 505-1172 to check for availability.

Parade—continued

Grandkids who like to see shiny fire trucks with lights flashing and sirens wailing, come out to watch and support us. The best viewing areas are along Main St. near the Senior Center.

June 2017

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
			1) 10:00 Bocce 10:00 Crafts 11:00 Bridge 1:00 9 Ball 11:00 Blood Pressure Screening	2) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
5) 10:00 Bocce 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	6) 9:30 Euchre 10:00 Bocce 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	7) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	8) 10:00 Bocce 10:00 Crafts 11:00 Bridge 1:00 9 Ball	9) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
12) 10:00 Bocce 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney 10:00 Attorney	13) 9:30 Euchre 10:00 Bocce 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Blue Cross Blue Shield 1:00 HICAP 1:00-3:00 EPIC	14) 9:30 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Flag Day	15) 10:00 Bocce 10:00 Crafts 11:00 Bridge 1:00 9 Ball	16) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
19) 10:00 Bocce 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	20) 9:30 Euchre 10:00 Bocce 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Fidelis	21) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 11:00 United Way 1:30 Pharmacist	22) 9:00 Tai Chi 10:00 Bocce 10:00 Crafts 11:00 Bridge 1:00 9 Ball	23) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
26) 10:00 Bocce 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	27) 9:30 Euchre 10:00 Bocce 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 1:00 HICAP	28) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	29) 10:00 Bocce 10:00 Crafts 11:00 Bridge 1:00 9 Ball	30) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing

Happy Father's Day to our Father's, Grandfather's, Great Grandfather's and Great Great Grandfather's.

Special Needs Registry

Do you or a family member or friend have special needs the Fire Dept, Police Dept or Emergency Management need to know about? Please take the time to fill out a special needs registry form and send it to the Mayor's Office or Fire Dept. Having details about your special situation will help us help you. Need a form? For a copy contact the Senior Center, or visit www.tonawandacityfd.com, click Departments, then click Fire Department and scroll to the bottom of the page for the form. You can also call the Tonawanda Fire Department Emergency Management Office at 692-8400 ext. 208 or Linda Foels at 692-0033.

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the "Going Places Van". Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

JoAnn Mierzwa of the United Way will be at the center, **Wednesday, June 21st at 11:00am** to help anyone with applications for food stamps and HEAP.

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, June 21st 1:00pm—1:30pm**. Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

A.A.R.P. Safe Driving Course

This class offered by A.A.R.P. will help you to learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next 3 years on your liability insurance. The classes will be offered at the center on: Wednesday, July 26th and Thursday, 27th; Wednesday, October 18th and Thursday, October 19th. The classes are held from 9:00am-noon each day. You must attend both days in order to receive credit. The fee is \$20.00 for A.A.R.P. members and \$25.00 for non members. The fee must be paid by check or money order made payable to A.A.R.P. Cash will not be accepted. To register for the course, call the center at 692-7029.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Thank You

Thank you to the school Superintendent Dr. Newton for the donation of tickets for the Kiwanis Club chicken BBQ which were used for a drawing at the May dinner meeting.

Kohler Pool

The pool opens June 26th. This is the 60th year.