

**HAPPY JUNE BIRTHDAY TO THE FOLLOWING MEMBERS!**

- |  |   |  |
|--|---|--|
| 1. Arlene Cox<br>John Drew<br>Betty Haack<br>Elizabeth Hoffmann<br>Sandra Krupp<br>Margaret Steverwald | 10. Raymond Cuzydlo<br>David Jackson<br>Dolores Mancuso<br>Michael Marren | 21. Chris Jankowski<br>Patricia Kluge<br>N. Jean Wiley                       |
| 2. Thomas Kelly<br>Shirley Montei  | 11. George Rovison<br>Phyllis Salisbury                                   | 22. Genevieve Hammon   |
| 3. William Belcher<br>Barbara Henneman<br>Lillian Manning<br>Carola Woolson                            | 12. L. June Lindhurst   | 23. Bonnie Foster<br>Mary Lyons<br>Catherine Tower                           |
| 4. Mary Kaczkowski<br>William Poole  | 13. Constance Domon<br>Gary Mensel<br>Gary Schuler                        | 24. Maggie D'Angelo  |
| 5. Gerald Schuler<br>Roger Williams  | 14. Charlotte Beringer<br>Eldorene Clark<br>Philip Helf<br>Deena Renouf   | 25. Lucy Julian<br>Jean Mlynarski<br>John Penberthy<br>Mary Rambler          |
| 6. Joel Palma  | 16. Edna Lovegrove<br>June Hough<br>Carl Philips                          | 27. Geraldine Potter   |
| 7. Shirley Daniels<br>Hughann Reinhardt  | 17. Gwen Opalinski<br>Diane Nehls   | 28. Suzanne LaRue<br>Marion Little<br>Bertha Mae Decourcey<br>Howard Slauson |
| 8. Florence Donner<br>Donna Gelose<br>Margaret Hughes<br>Britta Sparks                                 | 18. Helen Oliver<br>Avis Rausch   | 29. Ceil Artman<br>Ethel Farrar<br>Paul Haak<br>June Stahl                   |
| 9. Vincent Ciancio<br>Louise McDaniel  | 19. Jane Benett<br>Mary Jane Bruce  |  |
|  | 20. Dionne Ackerman<br>Patricia Mussell<br>Cherie Zdrojewski              |  |



CITY OF TONAWANDA  
SENIOR CITIZEN CENTER  
35 Main Street, Tonawanda NY 14150-2105

STD  
U.S. Postage  
PAID  
Tonawanda, NY  
Permit No. 207

Return Service Requested

Time Value  
June 2018

### **Center Hours**

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

### **Senior Center Lifetime Membership**

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

### **Coming Events at the Center**

**Center Picnic—July 30th**  
**Jewelry Sale—August 15th**  
**Ice Cream Social—August 22nd**

### **Coming Events around the City**

**Food truck Thursdays**  
**Garden Walk Night Lights—July 13th**  
**Garden Walk—July 14th**  
**T.H.T. Golden Warrior's Reunion Picnic-July 15th**  
**A.A.R.P. Safe Driving Course-July 17th and July 18th**

### **Dinner Meeting**

The June dinner business meeting is on Monday, June 25th. Bingo at 4:00pm with a lasagna dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Following dinner a presale viewing of jewelry will be modeled by several members. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by Friday, June 22nd. All members are welcome to attend the meeting and program.

## Services at the Center

### **Attorney**

Attorney Potter to be at the Center on **Wednesday, June 6th at 10:00am.**

### **Blood Pressure Screening**

Fire Department personnel provide this free service on **Thursday, June 7th from 11:00am to 11:30am.**

### **Univera**

Will have a representative at the Center on **Tuesday, June 26th at 1:00pm.**

### **Fidelis Medicare**

Will have a representative at the Center on **Tuesday, June 19th at 1:00pm.**

### **Blue Cross & Blue Shield**

Will have a representative at the Center on **Tuesday, June 12th at 1:00pm.**

### **United Health Care**

There will be a representative at the center **Wednesday, June 13th at 1:00pm.**

### **EPIC**

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at [www.health.ny.gov](http://www.health.ny.gov).

### **Health Insurance Counseling and Advocacy Program (HICAP)**

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. A representative will be here **Tuesday, June 12th, 19th, and 26th.**

### **Brush Up Class with The Net Cracker**

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

## Instructional Classes & Recreation

### **Chair Yoga**

This class will be held Friday mornings **9:30am-10:30am**. There is a \$2.00 fee. Call the office for further information.

### **Mahjong (Mah-Jong)**

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

### **Women's Pinochle**

On Tuesdays at **1:00-3:30pm** all women are welcome!

### **Bridge**

Thursday mornings at **11:00-3:00pm**. If you are interested, please call the center at 692-7029.

### **Canasta**

To play, please call the Center or join in on any Wednesday at **1pm**.

### **Euchre**

Euchre players voted to change the time to **9:00-noon** on Tuesday mornings.

### **Ball Room Dancing**

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

### **Line Dance Class**

Line Dance Class is on Monday with instructor Mary Morgan at **11am**. There is a class fee of \$2.00.

### **Adult Coloring**

Join us for coloring, coffee and conversation every Wednesday mornings at **10:00-noon**. Pencils will be supplied. Any questions call the center.

### **Scrap Booking**

Will meet on Wednesday, **June 13th 10am-2pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

### **Wii Bowling League & Wii Programs**

Come and join the fun on Friday mornings at **10:30-noon**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

### **Craft Class**

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

### **Ceramic Class**

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece.

### **Billiards**

The tournament season will return in September. Everyone is welcome to join anytime. During the summer the billiard room is open to all.

### **Bocce**

Anyone interested in joining may call Jim at 694-4038. There is always openings for substitutes.

### **Folk Sing A Long**

Anyone interested in this sing a long call the center 692-7029. Feel free to bring along your guitar.

## Member Updates

The Officers for the 2018 year are:

**President - Cheryl Doran**  
**Vice President—Arlene Cooper**  
**Secretary—Myrna Waite**  
**Treasurer—Carol Dammann**

### **Board Members:**

**Joe Toth**  
**Sue Toth**  
**Cindy Kerr**  
**Jean Hammond**

### **Sunshine Secretary**

Joanne Catipovic will serve for the 2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

### **Council President Jenna Koch**

Council meetings are the 1st and 3rd Tuesdays of the month at 7:00PM. Try to attend or contact your council person to let them know your views.

The nice weather has arrived so plan on attending some of the activities planned for the city.

I hope you join me on Warrior walks starting May 30th.

Happy Fathers Day to all our fathers, grandfathers and great grandfathers.

If you have any questions or comments you can reach me at 692-3070.

### **80's Dinner**

50 Guests attended this annual event and had an enjoyable evening socializing and meeting old friends.

### **Medicare Card**

New Medicare cards will be sent in June this year. You will have to notify your doctors and pharmacies with the new Medicare ID number.

## **Tonawanda Golden Warriors Reunion Picnic**

All graduates of Tonawanda High school who have celebrated their 50th union are invited to a picnic this summer. You are welcome to bring a spouse or adult guest. It will be held at Tonawanda Fireman's Park on Two Mile Creek Road at Fletcher Street. Rain or shine. Tents are set up. All parking off Two Mile Creek Road at Fletcher Street. Honk for handicap assistance.

The picnic date is July 15th, 2018 1pm-6pm. We will again be having picnic food, roast beef, hamburgers, hotdogs, Italian sausage and salads. Food is served from 1:30pm until 5:00pm. We also provide plenty of popular picnic beverages. The cost will remain at 20.00 per person.

For further info call Shirley Conley 957-9293.

### **Billiard Tournaments**

The tournament results for the 2017-2018 season are as follows:

Monday

**1st place—Norm Jopp**

2nd place- Mitch

3rd place- Curt Long

Wednesday 8 Ball

**1st place—Dan Spelling**

2nd place- Norm Jopp

3rd place- George Parisi

Thursday 9 Ball

**1st place—Norm Jopp**

2nd place- George Parisi

3rd place- Curt Long

## Community Events

### Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

### City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

### Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

### Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

### Erie County Board of Elections

Erie County Board of Elections is in need of election inspectors for the election cycle. For more information call the Erie County Board of Elections at 858-4982.

Voter registration and absentee ballot applications are available at the center.

### Park Permits

Shelter permits are now available for Veterans and Eastern Park. New this year you can check availability and make your reservations on line at [www.Tonawandacity.com](http://www.Tonawandacity.com) or visit the parks and recreation department **Monday thru Friday 7am-3pm closed 12pm-1pm** to purchase your permit. Rates for Veterans Park (large shelters) and Eastern Park resident \$75.00; non resident \$150.00. Small shelter rates are resident \$50.00; non resident \$75.00.

### Garden Walk 2018

#### APPLICATION

<https://cityoftonawandaartsboard.com/gardenwalk-application/>

#### DATES & TIMES

**Night Lights:** Friday, July 13, 2018 @ 9p . 11p

**Garden Walk:** Saturday, July 14, 2018 @ 10a . 4p

#### QUESTIONS? CONTACT US

**Phone:** (716) 695-8645

**Email:** [cotboardofarts@hotmail.com](mailto:cotboardofarts@hotmail.com)

**FAQ:** <https://cityoftonawandaartsboard.com/gardenwalk-faq/>

# June 2018

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
				1) 9:30 Chair Yoga 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
4) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	5) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	6) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  10:00 Attorney 10:00-noon United Way	7) 10:00 Crafts 11:00 Bridge 12:30 9 Ball  11:00 Blood Pressure Screening	8) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
11) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	12) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Blue Cross Blue Shield HICAP	13) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  10:00-2:00 Scrap Booking 1:00 United Health Care	14) 10:00 Crafts 11:00 Bridge 12:30 9 Ball  Flag Day	15) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
18) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	19) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Fedelis HICAP	20) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  10:00-noon United Way	21) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	22) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
25) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	26) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Univera HICAP	27) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	28) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	29) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing

*Happy Father's Day to our Father's, Grandfather's, Great Grandfather's and Great Great Grandfather's.*

## Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

## United Way

Representative Joanne Mierzwa will be at the center on **Wednesday, June 6th and 20th 10:00am to noon.**

## Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, September 19th 1:00pm—1:30pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

## Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

## Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

## Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

## Home Energy Assistance Program (HEAP)

HEAP is a federally funded program to assist income eligible Erie County residents with the cost of home heating/cooling and electricity. The HEAP outreach will be administered by the Erie County department of social services and senior services and is open to all income eligible households. The HEAP program will be opening the air condition program. For time and date call Erie County at 858-1969. his program is for Erie County residents only.

## A.A.R.P. Safe Driving Course

A.A.R.P. offers this course to help you learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next three years on your liability insurance. Classes will be offered at the center **Tuesday, July 17th and Wednesday, July 18th.** The next class will be Wednesday, **October 17th and Thursday, October 18th.** The classes are 9:00am- noon each day. You must attend both classes in order to receive credit. Fee for the class is \$20.00 for AARP members and \$25.00 for non members. Fee must be paid by check or money order made payable to A.A.R.P. To register call the center 692-7029.

## Community Market

Every Sunday from 10am- 2pm, May through October in the front of the Hub on Young Street. Vendors to include farmers, crafters and non-profits. Come out and support your local farmers and get your fresh veggies, meats, plants & more!

## Kohler Pool

The pool will be open from June 25th thru August 17th.