

HAPPY MAY BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | |
|--|--|--|
| 1. John Franasiak
Clayton Stickles
Joan Fleegal | 11. Angela Dellapentia
Cindy Kerr
Robert Rosinski | 23. Franklin Walker

24. Viola Baron |
| 2. Carol Case
Leroy Baldwin
Freda Blackmon | 12. John Sante
Dorothy Smith | 25. Annette Samperi
Mary Seba
Edward Smith
William Witmer |
| 3. Liz Durkee
Richard Sante | 13. June Allen
Mary Ivancic | 27. J. Denny D'Angelo
David Hess
Elizabeth Kovacs
Lawrence Myers
Della Sanio |
| 4. Marie Holcomb
Eva Hooper | 14. Eugene McNamara
Roy Nagel
Jerome Trybalski | 28. David Lembke
Norma Sokoley |
| 5. Madalyn Barry | 16. Jodi Gebera
Edna Lovegrove | 29. Patricia Wells |
| 7. Maggie Crawford
Mary O'Brocta | 17. Joseph Chimera
Teresa Neuland
Lucy Penrod | 30. Delores Burns
Carmella Grunzweig
Marion Joyce
Bob Stennett
Norman Weaver |
| 8. Ronald Hughes
Patricia D. Patterson
Vera Tuchovsky
William Wiseman | 18. Sharon Annalora
Ronald Hoffman
Bethany Peacock
Patricia Penberthy | 31. Frances Baron
Sylvia Barry |
| 9. Mary Decker
Dorothy Gross | 19. Samuel H. Stanton | |
| 10. Dolores Baker
Nina Pasiaka
John Tony | 22. Frederick Kolb
Samuel Scinta
Martha Sheldon
Mary Lou Warner | |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

STD
U.S. Postage
PAID
Tonawanda, NY
Permit No. 207

Return Service Requested

Time Value
May 2018

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

80's Dinner—May 14th
Dinner Meeting —May 21st
Center Closed—May 28th

Coming Events around the City

School Board Election—May 15th
Garden Walk Night Lights—July 13th
Garden Walk—July 14th
T.H.T. Golden Warrior's Reunion Picnic-July 15th
A.A.R.P. Safe Driving Course-July 17th and July 18th

Dinner Meeting

The May dinner business meeting is on Monday, May 21st. Bingo at 4:00pm with a chicken thighs dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by Friday, May 18th. Remember to get your tickets early dinner is a week earlier this month. All members are welcome to attend the meeting and program.

Services at the Center

Attorney

There is a change in day for Attorney Potter to be at the Center. It will now be on the second Tuesday of the month. **Wednesday, May 9th at 10:00am.**

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, May 3rd from 11:00am to 11:30am.**

Univera

Will have a representative at the Center on **Tuesday, May 29th and June 14th at 1:00pm.**

Fidelis Medicare

Will have a representative at the Center on **Tuesday, May 15th at 1:00pm.**

Blue Cross & Blue Shield

Will have a representative at the Center on **Tuesday, May 8th at 1:00pm.**

United Health Care

There will be a representative at the center **Wednesday, May 16th at 1:00pm.**

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous years income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D,

members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. An EPIC representative will be available to help seniors enroll at the center **Tuesday, May 29th 1:00-3:00pm.**

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. Please call the office.

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Chair Yoga

This class will be held Friday mornings **9:30am-10:30am**. There is a \$2.00 fee. Call the office for further information.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1:00-3:30pm** all women are welcome!

Bridge

Thursday mornings at **11:00-3:00pm**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Euchre

Euchre players voted to change the time to **9:00-noon** on Tuesday mornings.

Ball Room Dancing

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

Line Dance Class

Line Dance Class is on Monday with instructor Mary Morgan at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at **10:00-noon**. Pencils will be supplied. Any questions call the center.

Scrap Booking

Will meet on Wednesday, **May 16th 10am-2pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30-noon**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece.

Billiards

The billiards room is open to all members from **9:30am to noon** each day. Tournaments on Monday, Wednesday and Thursday will start at **12:30pm**. Please be there 15 minutes early. New players are always welcome.

Bocce

Bocce will start in May. Your team captain will be giving out your schedules. Anyone may join any time.

Folk Sing A Long

Anyone interested in this sing a long call the center 692-7029. Feel free to bring along your guitar.

Member Updates

The Officers for the 2018 year are:

President - Cheryl Doran
Vice President—Arlene Cooper
Secretary—Myrna Waite
Treasurer—Carol Dammann

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Jean Hammond

Sunshine Secretary

Joanne Catipovic will serve for the 2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the family and friends of:

Nancy Paschen
Helen Rydzak
Florence Luberacki
Carmella Reinhardt
Jim Profrock

Council President Jenna Koch

The 3rd Warrior walk will be on Wednesday starting May 30th. Schedules will be available at the center.

The school board election is Tuesday, May 15 at 11:00am to 8:00pm at the high school gym.

The farmers market will open on Sunday, May 6th 10:00am- 2:00pm at the hub.

Take time to remember the Veterans on Memorial Day.

Happy Mothers Day to all our mothers, grandmothers and great grandmothers.

If you have any questions or comments you can reach me at 692-3070.

A.A.R.P. Tax Program

This year tax filing again reached 300 filers. Thank you to the following volunteers who again put in extra hours to be sure all the filers were able to file on time. George Brooks, Lynn Getzin, Pauline Knapp, Vergie Ottner and Anne Belinski. Without these dedicated volunteers this program would not be possible.

Medicare Card

New Medicare cards will be sent in June this year. You will have to notify your doctors and pharmacies with the new Medicare ID number.

Tonawanda Golden Warriors Reunion Picnic

All graduates of Tonawanda High school who have celebrated their 50th union are invited to a picnic this summer. You are welcome to bring a spouse or adult guest. It will be held at Tonawanda Fireman's Park on Two Mile Creek Road at Fletcher Street. Rain or shine. Tents are set up. All parking off Two Mile Creek Road at Fletcher Street. Honk for handicap assistance.

The picnic date is July 15th, 2018 1pm-6pm. We will again be having picnic food, roast beef, hamburgers, hotdogs, Italian sausage and salads. Food is served from 1:30pm until 5:00pm. We also provide plenty of popular picnic beverages. The cost will remain at 20.00 per person.

For further info call Shirley Conley 957-9293.

80's Dinner

In keeping with May as older American month the center will again host our annual celebration on Monday, May 14th. We have as our guests the members who are 80 years of age or older, along with members who will be 80 this year. Bingo at 4:00pm with a chicken thighs dinner at 5:00pm. There is no charge for members 80 years or older. If your spouse or companion is not yet 80, they are welcome to attend and pay \$8.00 for dinner. Reservations are necessary and must be made by Friday, May 11th.

Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

Erie County Board of Elections

Erie County Board of Elections is in need of election inspectors for the election cycle. For more information call the Erie County Board of Elections at 858-4982.

Voter registration and absentee ballot applications are available at the center.

Park Permits

Shelter permits are now available for Veterans and Eastern Park. New this year you can check availability and make your reservations on line at **www.Tonawandacity.com** or visit the parks and recreation department **Monday thru Friday 7am-3pm closed 12pm-1pm** to purchase your permit. Rates for Veteran's Park (large shelters) and Eastern Park resident \$75.00; non resident \$150.00. Small shelter rates are resident \$50.00; non resident \$75.00.

Garden Walk 2018

APPLICATION

<https://cityoftonawandaartsboard.com/gardenwalk-application/>

DATES & TIMES

Night Lights: Friday, July 13, 2018 @ 9p . 11p

Garden Walk: Saturday, July 14, 2018 @ 10a . 4p

QUESTIONS? CONTACT US

Phone: (716) 695-8645

Email: cotboardofarts@hotmail.com

FAQ: <https://cityoftonawandaartsboard.com/gardenwalk-faq/>

School Board Elections

School board election is Tuesday, May 15th 11:00am- 8:00pm at the Tonawanda High School.

May 2018

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
	1) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	2) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards 10:00-noon United Way	3) 10:00 Crafts 11:00 Bridge 12:30 9 Ball 11:00 Blood Pressure Screening	4) 9:30 Chair Yoga 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
7) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	8) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Blue Cross Blue Shield	9) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards 10:00 Attorney	10) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	11) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
14) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney 80's Dinner 4:00 Bingo 5:00 Dinner	15) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Fedelis	16) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards 10:00-2:00 Scrap Booking 10:00 United Way 1:00-1:30 Pharmacist	17) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	18) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
21) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	22) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	23) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	24) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	25) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
28) Closed Memorial Day	29) 9:00 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 1:00 EPIC	30) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	31) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	

Happy Mother's Day to our Mother's, Grandmother's, Great Grandmother's and Great Great Grandmother's.

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

Representative Joanne Mierzwa will be at the center on **Wednesday, May 2nd and 16th 10:00am to noon.**

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, May 16th 1:00pm—1:30pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Home Energy Assistance Program (HEAP)

HEAP is a federally funded program to assist income eligible Erie County residents with the cost of home heating and electricity. The HEAP outreach will be administered by the Erie County department of social services and senior services and is open to all income eligible households. The HEAP program opened November 13th. If you are applying for the first time call 858-1969 for an application or come to the outreach at the center. Bring your gas and electric bills along with all your income information.

A.A.R.P. Safe Driving Course

A.A.R.P. offers this course to help you learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next three years on your liability insurance. Classes will be offered at the center Tuesday, July 17th and Wednesday, July 18th. The classes are 9:00am- noon each day. You must attend both classes in order to receive credit. Fee for the class is \$20.00 for AARP members and \$25.00 for non members. Fee must be paid by check or money order made payable to A.A.R.P. To register call the center 692-7029.

Red Poppies & Peace

Since World War 1, poppies have been a symbol of remembrance at Memorial Day (May 28th this year). The red poppy was used to symbolize the blood of those who dies in service to their countries.

The idea started in 1918 when American Moina Michael read the poem %In Flanders Fields,+written by Canadian John McCrae in 1915 during World War 1. She began wearing poppies in memoriam and sold them to others, using the proceeds to help veterans.

After World War 1, veterans sold artificial red poppies to help raise money for war orphans. Today, donations to veteransqgroups are often marked with a token paper red poppy. So if you see a Veteran selling paper poppies this weekend, give generously. It's a way to honor those who have served out great country.

We hope you have a safe Memorial Day!