

HAPPY NOVEMBER BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | | |
|-----------------------------|-----------------------------------|-------------------------------------|--------------------|
| 1. Mary Rank | 8. Joan L. Moore | 17. Jennifer Stickle
Samuel Koch | 25. Mary Drysdale |
| Lenett Rook | 9. Les Crawford | Laura Heyer | 26. Anthony Tirone |
| 2. Norma Brant | Jackie Herbert | Jeanne Snowman | Joseph Baroudi |
| 3. Loretta Stannard | 10. J. Joseph McNeil | William Grunzwieg | Dorothy Mercer |
| Elizabeth Falk | Charles Shaffer | David OBrocta | 27. Lucille Cronin |
| Patricia Thomson | 11. Cecelia Fadale | 18. Genevieve Feltham | Jean Whitney |
| Anthony Carozzolo Sr. | Judith Brzezinski | Carol Drew | Sally Dobbs |
| Sally Jackson | Joan Loeswick
Lucille Pollina | 19. Thomas D. Hamilton | 28. Janey Graham |
| 4. Angeline Schilingo | Isabella Hodge | Mary Slauson | Patricia J. Benk |
| Ellie Thompson | 12. Victoria Dattilo | Margaret Was | Patricia Hutter |
| Ed Hant | 13. Marlene Overholt | | |
| Betty Stennett | Geranne Ferenc | 20. Pat Calhoun | Joanne Wilby |
| Dorothea Holdaway | Randy Penrod | 21. Patricia Loeswick | 29. Kenneth Clark |
| Cindy Dattilo | 14. Joseph Schinaman | Diane Kosko | 30. Joyce Walters |
| 5. Marie Kirsch | 15. Diane Garcia Holler | 22. Lloyd Granger
Sue Gorman | Pasquale Gondon |
| Edna Kunselman | Toni Little
Sharon Hinze | 24. Dorothy Ehlers | Judy Bell |
| | 16. Paul Rambler | | |
| 6. Elizabeth Malary | Gayle Armstrong | Edward Kozlowski | Mary Simonetti |
| Jeff Keefe | Marilyn Winarski
Barbara Marsh | Thomas Lucas | |
| Joan Normandin
Ann Quick | | | |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

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Tonawanda, NY
Permit No. 207

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Nov 2017

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

Center closed—November 10th, 23rd & 24th

United Way- November 1st & 15th
Dinner Meeting- November 27th
Holiday Bazaar. December 2nd
Annual Christmas Party- December 2nd
Children Party- December 12th & 13th

Coming Events around the City

Election Day- November 7th 6am-9pm
Tree Lighting- December 1st 7:00 pm

Dinner Meeting

Monday, November 27th is our Christmas Dinner meeting. Bingo will be at 4:00pm with a roast beef dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Following the meeting there will be a Holiday sing a long. Reservations are required for dinner. Tickets are \$7.00 and must be purchased by **Wednesday, November 22nd**. Only members who purchase dinner tickets are eligible to play Bingo. All members are welcome to attend the meeting and program.

Services at the Center

Attorney

Attorney Potter will be at the center on **Monday, November 13th at 10:00am.**

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, November 2nd from 11:00am to 11:30am.**

Univera

Will have a representative at the Center on **Tuesday, November 7th at 1:00pm.**

Fidelis Medicare

Will have a representative at the Center on **Wednesday, November 22nd at 1:00pm.**

Blue Cross & Blue Shield

Will have a representative at the Center on **Tuesday, November 21st 1:00-3:00pm.**

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. An EPIC representative will be available to help seniors enroll at the center. A representative will not be at the center this month.

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, November 7th from 1:00pm-3:00pm.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Tiachi

Anyone interested in one or both of these programs please call the center. There will be a fee for these programs.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1pm** all women are welcome!

Bridge

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Ball Room Dancing

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

Line Dance Class

Line Dance Class is on Monday's with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

Scrap Booking

Will meet on **Wednesday, November 8th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

Billiards

The billiards room is open to all members from 9:30am to noon each day. Tournaments are played in the afternoon and will return in September. New players are always welcome.

Fire Chief Article continued

In order to remain as safe as possible but to also remain prepared to respond to such disaster scenarios, much preparation work has been done by both our fire and police departments. This work involves much planning and research, partnering with other public and private agencies and training. Almost all of this type of work done in recent years has been carried out by members of the city's Office of Emergency Management (OEM). Members of this group have worked extensively to prepare plans for such things as response, evacuation and for mitigating situations that might create a vulnerability to a certain type of disaster situation. In my next article I will explain more about the office of Emergency Management, who they are, what they have accomplished and in particular, what they recommend our citizens can do to remain safe as well as prepared for a disaster scenario.

Fire Department Response Statistics: As of September 1, the department has responded to the following calls: 90 reports of structure fires, 730 still alarms (smaller fires or dangerous conditions), 1044 requests for emergency medical service, aid+).

Member Updates

The Officers for the 2017-2018 year are:

President - Cheryl Doran
Vice President—Jean Hammond
Secretary—Myrna Waite
Treasurer—Carol Dammann

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Arlene Cooper

Sunshine Secretary

Joanne Catipovic will serve for the 2017-2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the Family and Friends of:



Francis Kemp
John Dittman
Frederick Marazita
Edward Nowotarski

October Bazaar

The success of the bazaar is due to the volunteers who took the time to set up and work the day of the event. Special thanks to the members who so generously donated the many items especially the bakers. All funds will be used toward the various programs at the center.

Holiday Bazaar

Saturday, December 2nd 10:00am-3:00pm I our annual Holiday Bazaar. Santa and Mrs. Claus will visit with the children from 10:00am-2:00pm. Each child will receive a gift from Santa. At 11:00am we will sell 1/4 pound roast beef sandwiches for \$4.00 and hot dogs for \$1.50. If you are able to bake, donations of pies and baked goods would be greatly appreciated. They may be dropped off at the center any time Friday, December 1st. Volunteers are needed to set up and work the day of the event. You may stop in or call the office to volunteer. We always look forward to visiting with you.

Bocce League

A Banquet was held for the end of the season at the Dome restaurant. A trophy was presented to the first place team sponsored by Old Man River restaurant. Everyone is invited to join the league for the coming season. A meeting will be held in April. The date and time to be announced in a future newsletter.

Fire Chief Charles B. Stuart

The recent hurricanes that ravaged both the states of Texas and Florida, it was suggested that I explain how our fire department assists the city preparing for similar disaster scenarios.

The handling of such disasters on a level of what was experienced in the south is a daunting task to say the least. The logistical needs for carrying out evacuations (over one million people), let alone what it took to pull off emergency rescues, requires an incredible amount resources, planning and trained personnel. Thankfully, our region isn't prone to storms of such magnitude. But that doesn't mean that we are totally insulated from a disaster scenario. We certainly are prone to some weather events such as blizzards, ice storms, and tornados and in some areas, flooding.

Other scenarios such as earthquakes are also a possibility. Man-made disasters are a threat to our community as well. These would include the possibility of some type of hazardous material release or reaction at a facility or in transit. Back in the 1990s a large chemical spill occurred at the Spaulding Composites factory on Wheeler Street sending an unknown quantity of toluene, a very volatile liquid, into the sewer system throughout the nearby neighborhoods. This incident forced the evacuation of those living in the immediate area and took several days to alleviate the danger.

One very possible man-made threat would involve a railroad incident along the rail line that passes through our city. The fact that many types of hazardous materials are carried upon this rail line and that the tracks are situated close to many very populated neighborhoods means that if an accident were to happen, many people could be immediately threatened.

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Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

Heating Energy Assistants Program

The 2017-2018 heating energy assistance program will open on November 13th. We are trying to get the center as an outreach program. If you received HEAP last year you should have received the forms for the coming year and already have them in the mail.

American Legion Post 264 Band Concert

The American Legion Post 264 Concert Band will hold their annual concert on Sunday, November 12th at the Rivera Theatre at 7:30pm. All tickets are \$25.00 and it is reserved seating. There are no discounts. Tickets may be purchased at the center.

Election Day

Tuesday, November 7th is Election Day. The polls are open 6:00am to 9:00pm. Voter registration and absentee forms are available at the center. If you need a ride to the polls you may contact Council President Jenna Koch at 692-3070.

Tree Lighting in Clinton Park

Friday, December 1st at 7:00pm will be the tree lighting in the park, which is a traditional family event and our residents enjoy. The seniors will again serve hot chocolate and cookies following the lighting. Donation of cookies is always appreciated. Volunteers are also needed, you may call or stop in the center to sign up.

Time change

Sunday, November 5th be sure to turn your clocks back one hour.

November 2017

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
		1) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:30 612:00 United Way	2) 10:00 Crafts 11:00 Bridge 1:00 9 Ball 11:00 Blood Pressure	3) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
6) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	7) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 1:00-3:00 HICAP	8) 10:00 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	9) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	10) Closed for Veterans Day
13) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney 10:00 Attorney	14) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	15) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:30 612:00 United Way 1:00 Pharmacist	16) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	17) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
20) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	21) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Blue Cross Blue Shield	22) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 1:00-3:00 Fidelis	23) Closed Happy Thanksgiving	24) Closed Happy Thanksgiving
27) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting/Program	28) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong Bazaar set up	29) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards Bazaar set up	30) 10:00 Crafts 11:00 Bridge 1:00 9 Ball Bazaar set up	1) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing Bazaar set up 7:00 Tree Lighting

Happy Veteran's Day. Thank you to all who served so we can enjoy the many freedoms we have.

Happy Thanksgiving to all our members and their families.

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

JoAnn Mierzwa of the United Way will be at the center twice a month. The United Way office has relocated to Lockport. We are working with JoAnn to keep this important program in Tonawanda. She will be here the first and third Wednesday of the month from 10:30 to noon. This month the dates are **Wednesday, November 1st and November 15th.**

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, November 1st 1:00pm—1:30pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Health Insurance Options

Remember you must make your decision no later than December 7th.

Christmas Party

Thee officers and Board members are hosting the annual Christmas party on Monday, December 11th 1:00pm to 4:00pm at the center. Reservations are required and must be made starting Monday, November 27th and no later than Friday, December 8th. Light refreshments will be served and entertainment is provided. Admittance is a non perishable food item for the food pantry.

Children Visit with Santa

The members will again entertain the preschool children from Salem Church on Tuesday, December 12th and Wednesday, December 13th 9:30am-11:30am. Each child will visit with Santa and Mrs. Claus and receive a gift. Miss Myrna will read stories for the children. Sing a long and other entertainment is provided for the children. Donations of cookies will be appreciated. Everyone is welcome to visit.

Council President Jenna Koch

There is a public hearing for the 2018 budget on Wednesday, November 8th at 7:00pm at City Hall. The council will adopt the budget at the November 21st meeting. There will be a food drive to benefit the Vietnam Veterans Chapter 77, St. Francis Food Pantry and the DVA until November 18th. Non perishable items may be dropped off at the center. Rocking with Santa will be collecting toys December 8th for the needy children. Wishing you and your family a very Happy and safe Thanksgiving. You are always welcome to call me at 692-3070.