

**HAPPY NOVEMBER BIRTHDAY TO THE FOLLOWING MEMBERS!**

- |  |   |   |
|--|---|---|
| 1. Mary Rank<br>Lenett Rook  | 11. Judith Brzezinski<br>Cecelia Fadale<br>Isabella Hodge   | 20. Pat Calhoun<br>Carol Koch   |
| 2. Norma Brant   | Joan Loeswick<br>Lucille Pollina  | 21. Diane Kosko<br>Patricia Loeswick                                    |
| 3. Anthony Carozzolo<br>Elizabeth Falk<br>Loretta Stannard<br>Patricia Thomson                             | 12. Victoria Dattilo  | 22. Lloyd Granger<br>Sue Gorman   |
| 4. Cindy Dattilo<br>Ed Hant<br>Dorothea Holdaway<br>Angeline Schilingo<br>Betty Stennett<br>Ellie Thompson | 13. Geranne Ferenc<br>Marlene Overholt<br>Randy Penrod  | 24. Dorothy Ehlers<br>Edward Kozlowski<br>Thomas Lucas                  |
| 5. Marie Kirsch<br>Edna Kunselman  | 14. Joseph Schinaman  | 25. Mary Drysdale   |
| 6. Jeff Keefe<br>Elizabeth Malary<br>Joan Normandin<br>Ann Quick   | 15. Sharon Hinze<br>Diane Garncia Holler<br>Toni Little   | 26. Joseph Baroudi<br>Dorothy Mercer<br>Anthony Tirone                  |
| 8. Joan L. Moore   | 16. Gayle Armstrong<br>Barbara Marsh<br>Paul Rambler<br>Marilyn Winarski                                    | 27. Lucille Cronin<br>Sally Dobbs<br>Jean Whitney                       |
| 9. Les Crawford<br>Jackie Herbert  | 17. William Grunzweg<br>Laura Heyer<br>Samuel Koch<br>David O Brocta<br>Jennifer Stickles<br>Jeanne Snowman | 28. Patricia J. Benk<br>Janey Graham<br>Patricia Hutter<br>Joanne Wilby |
| 10. J. Joseph McNeil   | 18. Carol Drew<br>Genevieve Feltham   | 29. Kenneth Clark   |
|  | 19. Thomas D. Hamilton<br>Mary Slauson<br>Margaret Was  | 30. Pasquale Gondon<br>Mary Simoneti<br>Joyce Walters                   |



CITY OF TONAWANDA  
SENIOR CITIZEN CENTER  
35 Main Street, Tonawanda NY 14150-2105

Return Service Requested

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U.S. Postage  
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Tonawanda, NY  
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Time Value  
Nov 2018

### Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

### Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

### Coming Events at the Center

**Closed November 12th—Veterans Day**  
**Closed November 22-23 —Thanksgiving**  
**Christmas Dinner—November 26th**  
**Holiday Bazaar—December 1st**  
**Christmas Party—December 10th**

### Coming Events around the City

**Election Day—November 6th**  
**Budget Hearing—November 6th**  
**American Legion Concert—November 11th**  
**It's a Wonderful Night/Tree Lighting—**  
**November 30th**  
**NT Winter Walk—December 1st**

### Dinner Meeting

**Monday, November 26th** is our Christmas dinner meeting. Bingo at 4:00pm with a roast beef dinner served at 5:00pm. President Cheryl Doran will conduct the meeting at 6:00pm. Following the meeting there will be holiday sing a long. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by **Wednesday, November 21st. All members are welcome to attend the meeting.**

## Services at the Center

### **Attorney**

Attorney Potter will not be at the Center this month.

### **Blood Pressure Screening**

Fire Department personnel provide this free service on **Thursday, November 1st from 11:00 am to 11:30am.**

### **Univera**

Will have a representative at the Center on **Tuesday, November 20th from 2:00pm to 4:00pm.**

### **Fidelis Medicare**

Will have a representative at the Center on **Tuesday, November 13th at 1:00pm.**

### **Blue Cross & Blue Shield**

Will have a representative at the Center on **Tuesday, November 27th from 1:00pm to 4:00pm.**

### **United Health Care**

Will have a representative at the Center on **Wednesday, November 14th at 1:00pm.**

### **EPIC**

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By

using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at [www.health.ny.gov](http://www.health.ny.gov). A representative will be at the Center **Tuesday, November 20th at 2:00pm.**

### **Health Insurance Counseling and Advocacy Program (HICAP)**

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. A representative will be here **Tuesday, November 13th, 20th and 27th.**

### **Brush Up Class with The Net Cracker**

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

## Instructional Classes & Recreation

### **Chair Yoga**

This class will be held Friday mornings **9:30am-10:30am**. There is a \$2.00 fee. You may join anytime.

### **Mahjong (Mah-Jong)**

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

### **Women's Pinochle**

On Tuesdays at **1:00-3:30pm** all women are welcome!

### **Bridge**

Thursday mornings at **11:00-3:00pm**. If you are interested, please call the center at 692-7029.

### **Canasta**

To play, please call the Center or join in on any Wednesday at **1pm**.

### **Euchre**

Euchre players voted to change the time to **9:30-noon** on Tuesday mornings.

### **Ball Room Dancing**

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

### **Line Dance Class**

Line Dance Class is on Monday with instructor Mary Morgan at **11am**. There is a class fee of \$2.00.

### **Adult Coloring**

Join us for coloring, coffee and conversation every Wednesday mornings at **10:00-noon**. Pencils will be supplied. Any questions call the center.

### **Scrap Booking**

Will meet on Wednesday, **November 7th 10am-2pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

### **Wii Bowling League & Wii Programs**

Come and join the fun on Friday mornings at **10:30-noon**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

### **Craft Class**

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

### **Ceramic Class**

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece.

### **Billiards**

The tournament season will return the week of **September 17th**. New players are always welcome.

### **Folk Sing A Long**

Anyone interested in this sing a long call the center 692-7029. Feel free to bring along your guitar.

### **Bocce**

This year we welcomed several new players. If you wish to join next year as we start forming teams now call Jim Connors at 694-4038.

## Member Updates

The Officers for the 2018 year are:

**President - Cheryl Doran**  
**Vice President—Arlene Cooper**  
**Secretary—Myrna Waite**  
**Treasurer—Carol Dammann**

### **Board Members:**

**Joe Toth**  
**Sue Toth**  
**Cindy Kerr**  
**Jean Hammond**

### **Sunshine Secretary**

Joanne Catipovic will serve for the 2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

**Our Sincere Sympathy to the family and friends of:**

**Shirley Reinbolt**

**Council President Jenna Koch**

There is a food drive to benefit the Vietnam Veterans Chapter 77 and St. Francis food pantry until November 17th. Non perishable food items may be dropped off at the center, Lane & Jewelers, St. Francis church and at the Vietnam Veterans.

Rocky with Santa will be collecting Toys for the needy children December 1st.

Reminding you that the 2019 budget hearing is November 6th and the council will vote on Tuesday November 20th.

If you have any questions or comments you can call me at 692-3070.

### **2019 Budget Hearing**

There is a budget hearing for the 2019 budget on Tuesday, November 6th at 7:00pm at City Hall. The council will adopt the budget at the November 20th council meeting.

## **Thanksgiving Word Search**

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

**PTHSTUFFINGFAN**  
**KISEZIAMGGIAVS**  
**INLGITSRNKAMTE**  
**IRMGSEEOICPIEI**  
**FTEARBOGVIELTR**  
**THEWMIHEITRYUR**  
**NFTEOOMDGSNHRE**  
**ENVRLASSMIAKB**  
**SORIAEFYKUKREN**  
**NSDORVAYNRPVYA**  
**AANBCMEDADMEGR**  
**YRATSAILHMUSTC**  
**USNAIDNITDPTEG**  
**VZQTHURSDAYXRL**

Acorn	November
Bread	Pie
Cranberries	Pilgrims
Drumstick	Pumpkin
Family	Stuffing
Feast	Thanksgiving
Harvest	Thursday
Holiday	Travel
Indians	Turkey
Maize	Yams
Mayflower	

## Community Events

### **Food Pantry Donations**

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

### **City of Tonawanda Emergency Information**

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

### **Blood Pressure Screening**

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first **Thursday** of each month at **11am**.

### **Special Needs Registry**

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

### **Erie County Board of Elections**

Erie County Board of Elections is in need of election inspectors for the election cycle. For more information call the Erie County Board of Elections at 858-4982. Voter registration and absentee ballot applications are available at the center.

### **Dementia Respite Care Program**

This free program is offered the third Tuesday every month 10:30am-2:30pm at First Presbyterian Church located at 149 Broad Street. Contact the church office 692-1319 to obtain a guest registration form and get answers to any questions you might have regarding the Memory Lane Respite Program.

### **Medications Disposal Kiosk Site**

Disposal of syringe/medical waste, unneeded, expired medications and used needles may be dropped off at the Town of Tonawanda Police department. Located at 1835 Sheridan Drive. The lobby is open 24/7.

### **American Legion Band Veteran's Day Concert**

The American Legion concert is on **Sunday, November 11th** at the Riviera Theatre at 7:30pm. Adult general admission tickets are \$16.00 and may be purchased at the center.

### **Tree Lighting in Clinton Park**

Friday, November 30th at 7:00pm the annual tree lighting will take place. Many of the residents look forward to the annual event especially the children. The seniors will serve hot chocolate and cookies following the lighting. Donations of cookies is always appreciated and may be dropped off at the center anytime before November 30th. Volunteers are needed and you may call or stop in at the center to sign up.

# November 2018

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
			1) 10:00 Crafts 11:00 Bridge 12:30 9 Ball  11:00 Blood Pressure Screening	2) 9:30 Chair Yoga 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
5) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	6) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  Election Day Polls open 6am-9pm	7) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  10:00 Scrap Booking 10:00-noon United Way	8) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	9) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
12)  <b>Closed for Veterans Day</b>	13) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00 Fidelis HICAP	14) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  1:00-3:00 United Health-care	15) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	16) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
19) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	20) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 2:00 EPIC HICAP	21) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards  1:00 Pharmacist	22)  <b>Closed for Thanksgiving</b>	23)  <b>Closed for Thanksgiving</b>
26) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney  Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	27) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong  1:00-4:00 Blue Cross Blue Shield HICAP	28) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Men's Billiards	29) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	30) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing

Happy Veterans Day. Thank you to all who served so we can enjoy the many freedoms we have.

Happy Thanksgiving to all our members and their families.

## Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

## United Way

Representative Joanne Mierzwa will be at the center on **Wednesday, November 7th 10:00am to noon.**

## Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, November 21st 1:00pm—1:30pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

## Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

## Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

## Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

## Home Energy Assistance Program (HEAP)

Members who received HEAP last year should be getting their forms for the 2018-2019 year this month or early September. You must file **every** year so be sure to file as soon as you receive them. If you have questions with the filing call the office.

## October Bazaar

The bazaar was successful thanks to all the volunteers, bakers and the members who so generously donated the various items. All funds are used for the activities at the center. The raffle winners are wine and candy- Cheryl Doran and Lottery pumpkin- Chuck Stuart.

## Christmas Party

The officers and Board members are hosting the annual center Christmas Party on **Monday, December 10th 1:00pm—4:00pm** at the center. Reservations are required and sign up starts Monday, November 26th thru Friday, December 7th. Light refreshments will be served and entertainment is provided. Admittance is a non perishable food item for the food pantry.

## Holiday Decorating

Members will be starting the holiday decorating at the center on **Monday, November 5th and Tuesday, November 6th starting at 10:00am.** Coffee and deserts will be served. Join us for the start of the holiday season.

## Health Insurance

You have from **October 7th to December 5th** to decide to stay with your current carrier or make a change.

## Daylight Savings

Daylight savings ends at 2:00am **Sunday, November 4th.** Remember to set your clocks back one hour. This is a good time to change the batteries in your smoke detectors.