

HAPPY SEPTEMBER BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | | |
|-----------------------|------------------------|---------------------|---------------------|
| 1. Estelle Sarafin | 8. Laurel Berry | 17. Noreen Keefe | 26. Jean Anderson |
| 2. Radovan Milosivic | Judy Herbst | 18. Pauline Gworck | Melvin Brundage |
| Helen Rydzak | Barbara Vogel | James Burngasser | Barbara Mahl |
| Elmer Artman | 9. Betty S. Skoney | Elince Deeb | |
| Winslow Hunt | Nancy Juliano | 20. Paul Sturner | Donald Schoelles |
| John Lepore | 11. Donald Tunison | Ronald Hall | 27. Diane Tanner |
| 3. Marion Mulcahy | 12. Aline Gagnon | Susanne Bordonaro | Donna Zwack |
| Richard Morgan | Shirley Sampson | Beverly Shaffer | 28. William Riley |
| | | Nancy Wiseman | Joan Johnston-Heath |
| 4. Robert Gregg | 13. Leroy Oswald | 21. William Waite | Patricia Marcaccio |
| George Thompson | 14. Norman Karcher Sr. | Donald Holdaway | 30. Mary Holdaway |
| 5. James H. Kuczynski | Linda Atallah | 22. William Blair | Jean Harte |
| | | Elaine Lortz | |
| 6. Kenneth A. Roth | Donald Brock | 23. Joyce Butkowski | Nancy Emmons |
| Colleen Knoche | 15. Jean Brundage | Leonard Smith | |
| Anna M. Jones | | Beverly Henderson | |
| 7. Richard Kucharski | | Carolyn Leber | |
| | | Michael Bass | |
| Alice Block | | 24. Margaret Hess | |
| | | Barbara Helmbrecht | |
| | | 25. David Henninger | |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

STD
U.S. Postage
PAID
Tonawanda, NY
Permit No. 207

Return Service Requested

Time Value
Sept 2017

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

Center closed—September 4th
United Way· September 6th & 20th
Primary Day· September 12th
Unity Day· Clinton Park September 21st 7:00 pm
Dinner Meeting· September 28th
Fall Bazaar. October 7th
Safe Driving course· October 18th & October 19th

Coming Events at Gateway Harbor

Haunted Harbor· October 14th 6:00-8:00

Dinner Meeting

The August dinner meeting will be on **Monday, September 25th**. Bingo will be at 4:00pm with a ham dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. Tickets are \$7.00 and must be purchased by **Friday, September 22nd**. Only members who purchase dinner tickets are eligible to play Bingo. All members are welcome to attend the meeting and program.

Services at the Center

Attorney

Attorney Potter will be at the center on **Monday, September 11th at 10:00am.**

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, September 7th from 11:00am to 11:30am.**

Univera

Will have a representative at the Center on **Tuesday, September 26th at 1:00pm.**

Fidelis Medicare

Will have a representative at the Center on **Tuesday, September 19th at 1:00pm.**

Blue Cross & Blue Shield

Will have a representative at the Center on **Tuesday, September 12th 1:00-3:00pm.**

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their prescription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare

Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. An EPIC representative will be available to help seniors enroll at the center. A representative will not be at the center this month.

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. **Tuesday, September 12th, 19th, and 26th from 1:00pm-2:00pm.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Tiachi

Anyone interested in one or both of these programs please call the center. There will be a fee for these programs.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1pm** all women are welcome!

Bridge

Thursday mornings at **11am**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Ball Room Dancing

This class will be on summer hiatus and return Friday, September 8th.

Line Dance Class

Line Dance Class is on Monday with instructor Marge Dorato at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at 10:00am. Pencils will be supplied. Any questions call the center.

Scrap Booking

Will meet on **Wednesday, September 6th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30am**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece?

Billiards

The billiards room is open to all members from 9:30am to noon each day. Tournaments are played in the afternoon and will return in September. New players are always welcome.

Regular Programs

Combined Chorus - Tuesdays at 11am
9 Ball Singles Billiards - Thursdays at 1pm
Ladies Billiards - Fridays at 1pm
Men's Billiards - Wednesdays at 1pm
8 Ball Singles Billiards - Mondays at 1pm
Progressive Pinochle - Monday, Wednesday, and Friday, at 1pm
Progressive Euchre - Tuesdays at 9:30am

Member Updates

The Officers for the 2017-2018 year are:

President - Cheryl Doran
Vice President—Jean Hammond
Secretary—Myrna Waite
Treasurer—Carol Dammann

Board Members:

Joe Toth
Sue Toth
Cindy Kerr
Arlene Cooper

Sunshine Secretary

Joanne Catipovic will serve for the 2017-2018 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.



Our Sincere Sympathy to the Family and Friends of:

Eberhard Schmitz
John Wilby

Bazaar

Saturday, October 7th is our Bazaar 10:00 am-3:00 pm. We are in need of attic treasures, tops, games, plants, knitted and crochet items and crafts. Bakers are needed for pies and baked goods for these tables and may be dropped off at the center the day before. Volunteers are needed to help set up and work the day of the Bazaar. If you would like to volunteer call or stop in at the center, quarter pound roast beef sandwiches will be available at 11:00 am.

Ice Cream Social

This years event was very successful and we thank the volunteers, Sue and Joe Toth, Norma Mileham, Norma Kitzmiller, Joanne Catipovic and Cheryl Doran who saw to it that everyone had enough ice cream and toppings.

Bocce League

The bocce season ended on August 17th. The Old Man River and Gary's Service teams had a playoff with Old Man River team being this years champion. Following the playoff the league had their annual picnic at the senior center at which time the teams had a pot luck lunch and spent an enjoyable afternoon. The league will have their first meeting in April and games resume in May.

Picnic Dinner

The August picnic dinner at the center was very successful and thank you to the Board members and officers who organized the menu. Thank you to the Fire Department for the use of their grill and the following volunteers who grilled hot dogs and hamburgers; Cindy Young, Denise Young, Mike Young and Tim Toth. Thank you to Kelly Williams of Frito Lay for the donations of chips for our picnic and Bazaar.

Cont'd part 6

when calling for help for anything. Even if your situation does not seem like an emergency, if you need the fire department to come to your apartment, it is always best to call 9-1-1. When you call 9-1-1 you will be connected to the city's Public Safety Dispatch located at Tonawanda Police Headquarters where a trained dispatcher will answer your call and promptly send the help you need.

So, when you call our phone #, 692-8400, the recorded voice that answers the phone will first instruct you that ~~%~~ this is an emergency, hang up and call 9-1-1+. The voice will then explain what extension to press for who you want to speak with.

When calling, if you stay on the line and don't press any extensions, your call will automatically go to the ~~%~~ general mailbox+ where you will then be directed to leave a message. When our personnel get back to the station, they will call you back.

I hope you found this explanation to be helpful. Remember to always make sure you have working smoke alarms with good batteries in your home.

Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at 11 AM.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid can't make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs, we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that's necessary in order to get onto the list.

Heating Energy Assistants Program

Those who received HEAP last year should be getting the forms for the 2017-2018 year in August or early September. When you receive the forms fill out and file immediately. If you have a problem filling the forms call the office.

Park Permits

Permits are now available on line. Visit www.tonawandacity.com.

Shelter permits are now available for Veterans and Eastern Park. Visit the parks department Monday thru Friday 7am-3pm closed 12pm-1pm to purchase your permit. Rates for Veterans Park (large shelters) and Eastern Park- resident \$75.00; non resident \$150.00. Small shelter rates are- resident \$50.00; non resident \$75.00. Permits will be issued thru **September 10th**.

Primary Day

Primary Day is Tuesday, September 12th. The polls are open 6:00 am to 9:00pm. Registration forms and absentee ballot forms are available at the center. Stop in anytime to pick one up.

Council President Jenna Koch

Thursday, September 21st has been designated an International Day of Peace. The City will hold an Unity Day rally at Clinton Park at 7:00 pm on that day.

Primary Day is Tuesday, September 12th. Anyone needing a ride may call me at 692-3070. Wishing all our grandparents, great grandparents and great great grandparents a very Happy Grandparents Day.

May everyone have a happy and safe Labor Day. If you have any questions or concerns you may reach me at 692-3070.

September 2017

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
				1) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
4) Closed for Labor Day	5) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	6) 10:00 Scrap Booking 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:30 Untied Way	7) 10:00 Crafts 11:00 Bridge 1:00 9 Ball 11:00 Blood Pressure	8) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
11) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney 10:00 Attorney	12) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 HICAP 1:00-3:00 Blue Cross Blue Shield Primary Day polls open 6am-9pm	13) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	14) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	15) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
18) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney	19) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00-2:00 Fidelis 1:00-2:00 HICAP	20) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards 10:30 Untied Way 1:00-1:30 Pharmacist	21) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	22) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
25) 11:00 Line Dancing 1:00 Pinochle 1:00 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting	26) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00 Univera 1:00 HICAP	27) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 1:00 Men's Billiards	28) 10:00 Crafts 11:00 Bridge 1:00 9 Ball	29) 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing

Wishing all our Grandparents, Great Grandparents and Great-Great Grandparents a very Happy Grandparents Day.

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the %Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:30am. No pickups past 2:30pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

JoAnn Mierzwa of the United Way will be at the center twice a month. The United Way office has relocated to Lockport. We are working with JoAnn to keep this important program in Tonawanda. She will be here the first and third Wednesday of the month from 10:30 to noon. This month the dates are **Wednesday, September 6th and September 20th.**

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Wednesday, September 20th 1:00pm—1:30pm.** Bring all your prescriptions and over the counter medicines such as vitamins and other supplements in their original packaging. Questions concerning insurance will be entertained.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

A.A.R.P. Safe Driving Course

This class offered by A.A.R.P. will help you to learn how to improve your driving skills and drive safer. Upon completion of the course you will get a 10% discount for the next 3 years on your liability insurance. The classes will be offered at the center on: **October 18th and Thursday, October 19th.** The classes are held from 9:00am-noon each day. You must attend both days in order to receive credit. The fee is \$20.00 for A.A.R.P. members and \$25.00 for non members. The fee must be paid by check or money order made payable to A.A.R.P. Cash will not be accepted. To register for the course, call the center at 692-7029.

Fire Chief Stuart's article part 6

A new phone system has been installed at fire headquarters. This new system utilizes an automated format and is different then what you have experienced in the past when calling fire headquarters. So I would like to explain how it works so that if you need to call us there won't be any confusion.

An automated system means that when you call our phone # 692-8400 a recorded voice will answer instructing you to choose an %extension.+I know most people don't like getting a recorded voice when calling a business but this new operation actually works better, mainly because when calling fire headquarters there is no guarantee anyone will answer. Quite often, the on-duty fire personnel may be out of the station either answering a call for assistance, training, or performing inspections. So instead of the phone ringing until the answering machine clicks on, the voice will direct you to exactly who you want to speak with. If that person is not able to answer, you will be directed to leave a message in their voice mailbox. Before I go any farther everyone needs to understand that if you need the fire department for an emergency, DO NOT CALL 692-8400. As explained above, there might not be anyone available to answer your call for help. Always call 9-1-1
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