

HAPPY APRIL BIRTHDAY TO THE FOLLOWING MEMBERS!

- | | | |
|---|--|--|
| 2. Lillian Kuciewski
Drexel Bloom | 11. Jim Syracuse | 21. Brenda Valence
Michael Kowal |
| 3. Norma Folmsbee
Bill Sheldon
Charles Markovich | 12. Helen Ortel
Marjorie Dexheimer
Christina Sloan
Diane Schlottmann | 22. E. Christine Beller
Edward Mylnarski
Marcella Grzedzicki |
| 4. Nancy Korb
Al Esposito
Norm Markiewicz | 14. Phyllis Cedrone
Betty Miller | 23. Linda Foels
Carol Schmitz
John Yanik |
| 5. Dorothy Campbell
Mary Joyce
Dorothy Macielag
Mary Joyce | 15. Betty Thomas
John Hall
Geraldine Wantuck
R. Paul Ouchie | 24. Mary Miller
George Pierce |
| 6. Dorothy Cereno
Judy Morris
Roland Wilson | 16. Thomas Bukoskey
Kay Larsen
Betty Fisher
Betty Richeau
James Witmer | 25. Shirley Meyer
Cindy Narlock |
| 7. Barbara Herman
Shirley Beamish | 17. Bradley Bremer
Evelyn Ensminger | 26. Jean Penberthy
Ruth Jones
Donna Clark |
| 8. Marcia Mikos
Mary May
Regina Ensminger
Norman Jopp | 18. Carmen Mariani
William Strassburg
Jean Gojmerac
Lyn Brook | 27. Arlene Cooper
Ronald Sloan
Nancy Rolando
Marjorie Rizzo
Charles Search |
| 9. Sally Gillie
Samuel Stanton
Sharon Muldoon
Albert Penrod
Stephen Zielski | 19. Marie Chatelle | 28. Shirley Marshall |
| 10. Marilyn Kusmierski
Tomesta Fritz | 20. Thomas Phelan
Cheryl Doran
Ann Herman
Helen Szucs | 29. Albert Reinhardt |
| | | 30. Joseph Ackerman
Margaret Drosendahl
Marilyn Baldwin
Laura Nelson |



CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105

STD
U.S. Postage
PAID
Tonawanda, NY
Permit No. 207

Return Service Requested

Time Value
April 2019

Center Hours

The center is open Monday through Friday from 9:30am to 4:00pm. Call us anytime at 692-7029. We have a health maintenance room with several pieces of exercise equipment for use by seniors 55 years of age and older. This room is open daily until 3:30pm.

The downstairs game room, featuring three beautiful billiard tables, is open daily until 3:45pm. We also have a TV room downstairs where the computer is kept for your use. Feel free to join the programs at your convenience.

Senior Center Lifetime Membership

If you are 55 years old or older and are looking to have access to a place with many programs and events, The City of Tonawanda Senior Center is for you. The cost is just \$5.00 for a lifetime membership. Whether you want to play cards, learn to dance or just socialize...this is the best deal in town!

Cash or check payable to The City of Tonawanda can be paid at The Senior Center or the Parks & Recreation office located at 150 Fillmore Ave.

Coming Events at the Center

**Tax Preparation—Wednesdays & Thursdays
April 3rd-April 11th**

Bocce Meeting—Wednesday April 17th

**Safe Driving Courses—Wednesday April 17th
& Thursday April 18th; July 24th & July 25th;
September 18th & September 19th**

Closed— Friday April 19th

Dinner Meeting—April 29th

Coming Events around the City

**American Legion Post Spring Pops Concert—
April 7th**

Easter Egg Hunt—April 13

Dinner Meeting

Monday, April 29th is this month's dinner and business meeting. Bingo at 4:00pm with a scalloped potato and ham dinner served at 5:00pm. President Cheryl Doran will conduct the business meeting at 6:00pm. Reservations are required for dinner. The tickets are \$8.00 and must be purchased by **Friday, April 26th**. All members are welcome to attend the meeting and program.

Services at the Center

Attorney

Attorney Potter will not be at the center this month.

Blood Pressure Screening

Fire Department personnel provide this free service on **Thursday, April 4th from 11:00am to 11:30am.**

Univera

Will have a representative at the center on **Tuesday, April 16th from 2:00pm-3:00pm.**

Fidelis Medicare

Will have a representative at the center on **Tuesday, April 30th from 1:00pm-2:00pm.**

Blue Cross & Blue Shield

Will have a representative at the center on **Tuesday, April 9th from 1:00pm-3:00pm.**

United Health Care

Will have a representative at the center on **Wednesday, April 17th from 1:00pm-2:00pm.**

EPIC

Have you checked out what EPIC can do for you lately? The New York State Elderly Pharmaceutical Insurance Coverage Program EPIC provides secondary prescription coverage to eligible NYS seniors with Medicare Part D plans.

To be eligible for EPIC seniors must be a NYS resident, 65 years or older, previous year's income cannot exceed \$75,000 single and \$100,000 married, be enrolled or eligible to enroll in a Medicare Part D drug plan and cannot be receiving Full Medicaid benefits.

EPIC provides secondary prescription coverage for Medicare Part D and EPIC covered drugs after any Medicare Part D deductible is met. By using EPIC together with Medicare Part D, members save more money on the cost of their pre-

scription drugs.

For many seniors, it is less expensive to enroll in EPIC and Medicare Part D than just Medicare Part D alone. EPIC pays the Part D drug plan premiums up to \$39.73 per month in 2016 for members with income up to \$23,000 single or \$29,000 married. Higher income members are responsible for paying their Medicare Part D premiums but will receive Part D assistance in the form of reduced EPIC deductibles.

Seniors may apply for EPIC at any time during the year even if they do not have a Medicare Part D plan. Enrolling in EPIC will provide eligible seniors a Special Enrollment Period from Medicare allowing them to join a Medicare Part D drug plan or switch to another Medicare Part D plan outside of their Open Enrollment Period. Join EPIC today for additional savings on your Medicare Part D prescription drugs.

For an application or more information, please call the toll-free EPIC Helpline at 1-800-332-3742 Monday-Friday from 8:30am to 5:00pm or visit the EPIC website at www.health.ny.gov. A representative will be here **Friday, May 10th at 1:00pm.**

Health Insurance Counseling and Advocacy Program (HICAP)

This program is sponsored by the Erie County Department of Senior Services. Call the Center to make an appointment with the representative. If you are going to be 65 soon, you should ask questions about three months before your birthday. Anyone may make an appointment if you have questions regarding current coverage or comparing other coverage available. A representative will be here **Tuesday, April 9th, 16th and 30th from 2:00pm-3:00pm.**

Brush Up Class with The Net Cracker

Cost is \$40 and class size is limited to 5 people. Class will include: whatever your questions are regarding the internet, email, Facebook, digital photos, word processing and more. To register call Kim at 531-0494. Private lessons are also available.

Instructional Classes & Recreation

Chair Yoga

This class will be held Friday mornings **9:30am-10:30am**. There is a \$2.00 fee. You may join anytime.

Mahjong (Mah-Jong)

We are currently seeking more players to play on Tuesday afternoons from **1pm-3pm**.

Women's Pinochle

On Tuesdays at **1:00-3:30pm** all women are welcome!

Bridge

Thursday mornings at **11:00-3:00pm**. If you are interested, please call the center at 692-7029.

Canasta

To play, please call the Center or join in on any Wednesday at **1pm**.

Euchre

Euchre players voted to change the time to **9:30-noon** on Tuesday mornings.

Ball Room Dancing

This class will be on Fridays at **1pm**. Marge Dorato is the instructor. Anyone may join. There is a \$2.00 fee for the class.

Line Dance Class

Line Dance Class is on Monday with instructor Mary Morgan at **11am**. There is a class fee of \$2.00.

Adult Coloring

Join us for coloring, coffee and conversation every Wednesday mornings at **10:00-noon**. Materials will be supplied. Any questions call the center.

Scrap Booking

Will meet on **Wednesday, April 17th 10:00am-2:00pm**. Materials for the class will be provided, but donations are always welcome. You do not have to stay for the complete class, but if you do, bring your lunch and favorite photos, or just stop in to see what the class offers.

Wii Bowling League & Wii Programs

Come and join the fun on Friday mornings at **10:30-noon**. If you are unable to attend Friday mornings feel free to come to the Center any time to play.

Craft Class

Join us every Thursday at **10am**. Come and make some new crafts. Materials are supplied for you.

Ceramic Class

All materials are supplied at no charge. Why not join us on Wednesday mornings at **10am** and make a ceramic piece.

Billiards

The room is open every morning for all members to play. The tournaments are played Monday, Wednesday and Thursday afternoons. Feel free to join the tournaments anytime.

Folk Sing A Long

Anyone interested in this sing a long call the center 692-7029. Feel free to bring along your guitar.

Bocce

Jim Connors has set **Wednesday, April 17th at 1:00pm** for the bocce meeting at the center. The season start in May. Anyone interested in playing this year may call Jim at 694-4038.

Member Updates

The Officers for the 2019 year are:

President - Cheryl Doran
Vice President—Jean Hammond
Secretary—Sue Toth
Treasurer—Carol Dammann

Board Members:
Arlene Cooper
Myrna Waite

Sunshine Secretary

Joanne Catipovic will serve for the 2019-2020 term. If anyone knows of a member who is shut-in at home, resides in a nursing home, or is in the hospital, please call the office or notify Joanne.

Our Sincere Sympathy to the family and friends of:

Ann Harmon
Dorothy Kizer

Election of Officers

The newly elected officers for the 2019-2020 year are President Cheryl Doran, Vice President Jean Hammond, Secretary Sue Toth and Treasurer Carol Dammann. Thank you to the out going officers and board members; Myrna Waite, Arlene Cooper, Cindy Kerr and Joe Toth for your time and support for the activities at the center.

Council President Jenna Koch

School board election is Tuesday, May 21st noon to 8:00pm. Primary day this year is Tuesday, June 25th 6:00am- 9:00pm.

Voter registration forms and absentee ballot application forms are available at the center.

If you have any problems during the remaining winter season and you have a problem resolving a problem you can contact me. You are always welcome to contact me at 692-3070.

Fantasy Island

Offers the silver star program is designed for mature applications looking for flexible part time summer employment. Program participants have the ability to make their own schedule up to 40 hours. For further information call (716) 272-2006.

Medical Disposal System

Senator Chris Jacobs with the UB school of pharmacy partner to distribute drug deactivation systems pouches. The purpose for the pouches is to dispose of the prescriptions rather than flushing medications down the toilet where they can pollute our waterways or leave them in a medicine cabinet. Unused pills, patches or liquid medication can be placed into the pouch along with warm water. After 30 seconds the medications deactivate. The pouches can then be disposed of in normal trash. Making them safer for landfills as well as directly removing unwanted pharmaceuticals from potential misuse or abuse.

Senator Jacobs is at the City of Tonawanda City Hall the second Wednesday of the month 9:30am- 11:30am. You will be able to get a pouch at that time or call his office at 854-8705.

Park Shelter Permits

Shelter permits are now available for Veterans and Eastern Park. New this year you can check availability and make your reservations on line at www.tonawandacity.com or visit the parks and recreation department **Monday thru Friday 7am-3pm closed 12pm-1pm** to purchase your permit. Rates for Veterans Park (large shelters only) and Eastern Park resident \$75.00; non resident \$150.00. Small shelter rates are resident \$50.00; non resident \$75.00.

Community Events

Food Pantry Donations

The Tonawanda and North Tonawanda food pantry is still in need of paper bags and non perishable food items. Donations may be dropped off at the center anytime. We thank all the members who have been so generous.

City of Tonawanda Emergency Information

In case of an emergency or for public service announcements in our community, tune in to radio station 1670 AM for any necessary information.

Blood Pressure Screening

The department also can provide blood pressure checks for anyone interested. Persons can walk into Fire Headquarters (44 William Street) off the street and just ask our duty personnel on house-watch to measure their BP. Our members will write the numbers down for you so you can keep track. If you are a regular visitor at the Senior Citizens Center you will know that the fire department visits the Main Street facility to provide blood pressure screening on the first Thursday of each month at **11am**.

Special Needs Registry

The Office of Emergency Management, which works under the direction of the Fire Chief and Police Chief, maintains a list known as the Special Needs Registry. In the event of a long-term power outage, extreme weather condition or other similar event, it could be difficult for some persons to manage on their own for extended periods. This could be someone who requires constant medical treatment (oxygen therapy), homecare aid assistance (and the aid cannot make it in due to weather conditions) or just regular elderly persons who because of various reasons, would have difficulty taking care of themselves for long periods. In order to ensure that these residents are taken care of, the department will use the Special Needs Registry list to check on those individuals during situations as described above.

Information listed on the Special Needs form remains confidential and is made available only to emergency personnel should a disaster-type situation occur. If you, a family member or anyone you know falls into the category of Special

Needs+ we encourage you to have those persons added to this list. You can do so by calling fire headquarters and leaving a message with the Emergency Management Office. They will return your call and explain all that is necessary in order to get onto the list.

Erie County Board of Elections

Erie County Board of Elections is in need of election inspectors for the election cycle. For more information call the Erie County Board of Elections at 858-4982. Voter registration and absentee ballot applications are available at the center.

Dementia Respite Care Program

This free program is offered the third Tuesday every month 10:30am-2:30pm at First Presbyterian Church located at 149 Broad Street. Contact the church office 692-1319 to obtain a guest registration form and get answers to any questions you might have regarding the Memory Lane Respite Program.

Medications Disposal Kiosk Site

Disposal of syringe/medical waste, unneeded, expired medications and used needles may be dropped off at the Town of Tonawanda Police department. Located at 1835 Sheridan Drive. The lobby is open 24/7.

Supplemental Nutrition Assistance Program

This program is also known as SNAP and food stamps. Income guidelines for those 60 years and older or disabled. Household size 1 - gross monthly income \$2,023.00 or 2 - \$2,743.00. For further information contact 858-7239. If you need help filling the forms out come to the center on the 1st and 3rd Wednesdays of the month when the United Way representative is here for assistance.

American Legion Post Pops Concert

This concert will be held at the Cardinal O'Hara School of Performing Arts Center on **Sunday, April 7th at 7:30** featuring vocalists Mary Kofabl and Julian Cook. Tickets are \$12.00 and are available at the center. Tickets will also be available at the door.

April 2019

692-7029

692-7029

Monday	Tuesday	Wednesday	Thursday	Friday
1) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	2) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	3) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Menø Billiards 9:00-11:00 Taxes 10:00 United Way	4) 10:00 Crafts 11:00 Bridge 12:30 9 Ball 9:00-11:00 Taxes 11:00 Blood Pressure	5) 9:30 Chair Yoga 10:30 Wii Bowling 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
8) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney 12:30 Pharmacist	9) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 1:00-3:00 Blue Cross Blue Shield 2:00 HICAP	10) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Menø Billiards 9:00-11:00 Taxes	11) 10:00 Crafts 11:00 Bridge 12:30 9 Ball 9:00-11:00 Taxes	12) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
15) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	16) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 2:00-3:00 Univera 2:00 HICAP	17) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Menø Billiards 10:00 Scrap Booking 10:00 United Way 1:00-2:00 United Health Care 1:00 Bocce Meeting	18) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	19) Closed—Good Friday
22) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney	23) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong	24) 10:00 Adult Coloring 10:00 Ceramics 1:00 Pinochle 1:00 Canasta 12:30 Menø Billiards	25) 10:00 Crafts 11:00 Bridge 12:30 9 Ball	26) 9:30 Chair Yoga 10:30 Wii Bowling 10:30 Bridge 1:00 Ladies Billiards 1:00 Prog. Pinochle 1:00 Ball Room Dancing
29) 11:00 Line Dancing 1:00 Pinochle 12:30 8 Ball Tourney Dinner Meeting 4:00-Bingo 5:00-Dinner 6:00-Meeting 6:30-Speaker	30) 9:30 Euchre 11:00 Combined Chorus 1:00 Ladies Pinochle 1:00 Mahjong 2:00 Fedelis 2:00 HICAP			



Wishing all our members and their families a Happy Easter and Spring!

Senior Van Service

Are you 60 years of age or older and capable of getting in and out of a van without assistance and do not receive MEDICAID? You may qualify for the ~~%~~Going Places Van+. Operating schedule Tuesday through Friday, except some holidays, beginning at 7:00am thru 3:00pm. A donation of \$2.00 EACH WAY is requested for local trips, and \$3.00 EACH WAY for Buffalo, Williamsville, Cheektowaga and Amherst. Please contact the Parks-Recreation department at 505-1172 to request an application.

United Way

Representative Joanne Mierzwa will be at the center on **Wednesday, April 3rd and 17th 10:00am to noon.**

Pharmacist

Pharmacist Dawn Hoffmann of Walgreens will be at the center on **Monday, April 8th 12:30pm.** Please note the day and time. She will do blood pressure at that time along with any questions you may have regarding your prescriptions.

Library

The center has a library which offers books, jigsaw puzzles, videos, discs, and audio books. Stop in and browse.

Vial of Life

Vial of life is designed to speak for you when you can't speak for yourself. The vial contains important medical information that can assist emergency personnel in administering the proper medical treatment. It is free so all it will cost you is a little time. Information and forms for this program are available at the center.

AARP Tax Program

You must have an appointment or you will not be taken. We are fortunate to again have the same volunteers. The volunteers will be here on Wednesdays and Thursdays, **9:00am—11:00am.** We recommend you set up an appointment as soon as possible as several locals are not offering this service.

Please have the following: copy of last years income tax return(s), W-2 forms from each employer, unemployment compensation statements, SSA-1099 form if you were paid SS benefits, all 1099 forms (1099-INT, 1099-DIV, 1099-B) showing interest and or/ dividends and documentation showing original purchase price of sold assets, 1099-misc., 1099-R, all forms indicating federal income tax paid, dependent care provider information (name, employer, ID, SS number), all receipts or canceled checks if itemizing deductions, SS cards or other official documentation for yourself and all dependants. One client per appointment.

Center for Elder Law & Justice

The speaker for the dinner meeting spoke on the services available, health care advocacy, elder abuse prevention, income maintenance, kinship care, guardianship services consumer protection, foreclosure prevention, substituted decision making, housing, WNY coalition pooled trust. For information on any of these call 853-3087. At a future dinner meeting we will have a speaker on one of the topics. This is a free service for the elderly.

Lions Club

Eye glasses and hearing aides you no longer use may be dropped off at the center and a member of the club will pick them up.

Senior Prom

This years senior prom will be **Friday, May 3rd, 5:30pm-8:30pm** at the Tonawanda Senior High School. Please RSVP to Renee Smith 704-3801 by April 10th.